

ASHMITA SAPKOTA

Email: uniqueasmo@gmail.com, Cell: 974 545 7656

Address: Simalchaur-08, Pokhara, Kaski, Nepal

EDUCATION:

Name of Institution(s)	Year	Level	Grade
Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand	2019-2022	Master of Science in Medical and Molecular Microbiology	3.50/4 CGPA
School of Health and Allied Sciences, Pokhara University, Nepal	2014-2018	Bachelor of Science in Medical Laboratory Technology	3.94 / 4 CGPA
Sagarmatha Higher Secondary School, Nepal	2012-2014	10+2 Science (Biological group)	I st division with Distinction
L.A. Higher Secondary School, Nepal	2002-2012	School Leaving Certificate (SLC)	I st division with Distinction

COMPUTER SKILLS:

- Basic knowledge and skills on Computer
- MS word, MS Excel, MS PowerPoint
- Data management; SPSS, GraphPad Prism

AREAS OF INTEREST:

- Collaborative youth initiatives
- Creative youth movement for social transformation
- Community service
- Volunteering activities
- Research work and new discoveries

SOFT SKILLS:

- Health literacy
- Communication and language
- Leadership and management
- Information technology
- Creative and innovative

MEMBERSHIP:

Nepal Health Professional Council: Registered Medical Laboratory Technologist, Regd no: A-2549 MLT

Pokhara University Bio-Medical Association of Students (2015-2016): Joint-Secretary

Pokhara University Bio-Medical Association of Students (2016-2017): Vice President

Student Ambassador of Elsevier India in Pokhara University (2018-2019)

EXTRA-CURRICULAR:

- Drawing, painting, sketching
- Playing different games such as Basketball, Volleyball, football, badminton, etc.
- Involving in community works
- Volunteering
- Playing musical instruments

HOSPITAL BENCH PRACTICE :

- 4th, 5th and 6th semester in Western Regional Hospital (WRH), Pokhara, Kaski, Nepal
- 8th semester in Manipal Teaching Hospital, Pokhara, Kaski, Nepal

JOB EXPERIENCE:

Fishtail Laboratory Pvt. Ltd.: January 2019 to July 2019

PERSONAL INFORMATION :

DOB: 1997/08/23

Nationality: Nepali

Father's Name: Er. Anand Prasad Sapkota

Mother's Name: Tara Devi Sapkota

Marital Status: Single

Language: Nepali, English and Hindi

I, the undersigned, certify that to the best of my knowledge and belief, the above details correctly describe my qualification, experiences, and other attributes. I understand that any willful misstatement described may lead to my disqualification.

A handwritten signature in black ink, appearing to be 'Sof' with a stylized flourish.

SIGNATURE

02.01.2023

REFEREES:

Associate Prof. Navin Horthongkham, Ph.D.

Department of Microbiology, Faculty of Medicine Siriraj Hospital

Mahidol University

Email: navin.hor@mahidol.ac.th

Contact no. +662-419-9342

Associate Prof. Amar Nagila, Ph.D.

Dean

Faculty of Health Sciences

Pokhara University

Email: nagila2a@gmail.com

Contact no. +977-985-603-6560