

## CURRICULUM VITAE

### PERSONAL INFORMATION

Name: **Asmita Bhusal**

Date of birth: August 19, 1995

Permanent Address: Tamghas, Ward No.4, Gulmi (Resunga Municipality-8)

Temporary Address: New Baneshwor, Kathmandu

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Contact No. +9779843318895

Nationality: Nepalese

Language spoken: Nepali, English



### EDUCATION

<b>Period</b>	<b>Degree</b>	<b>Institute</b>	<b>University/Board</b>
2019- 2021	Master of Optometry (M.Optom)	Tilganga Institute of Ophthalmology	Pokhara University
2018	Bachelor of Optometry (B.Optom)	Institute of Medicine, Maharajgunj Medical Campus	Tribhuvan University
2013	10+2 (Science)	The New Summit Higher Secondary School	HSEB, Nepal
2011	S.L.C	Reader's Public High School	Government of Nepal

## **PROFESSIONAL EXPERIENCE AND OTHERS**

- Worked as an instructor at NAME Institute for Bachelor in Optometry and Vision science entrance preparation (6<sup>th</sup> Jan 2019- 7<sup>th</sup> March 2019)
- Worked as a part time Optometrist at Vision Concern Optics and Eye Clinic, Lazimpat, from Jan 2019 to April 2022
- Working as a Consultant Optometrist at Shree Birendra Hospital, Chhauni since 31<sup>st</sup> May 2022

## **AWARDS AND ACHIEVEMENTS**

- Awarded with Best Poster presentation at 1<sup>st</sup> All Nepal Optometry Conference in 2018.
- Awarded for the most disciplined student in secondary level schooling.

## **RESEARCH AND HEALTH SURVEY ACTIVITIES**

- Community Health Diagnosis at Bandipur VDC, Tanahun district in 2018 for the fulfilment of Bachelor of Optometry course
- Project work on ‘Visually Evoked Potential changes in Type 2 Diabetes Mellitus without Retinopathy’ in 2018 for the fulfilment of Bachelor of Optometry course
- Thesis dissertation on ‘Comparison of Ganglion Cell Complex and Retinal Nerve Fiber Layer Thickness in High Myopic and Emmetropic Subjects Attending Tertiary Eye Hospital in Nepal’ in 2021 for the partial fulfillment of Master Degree in Optometry.

## **PUBLICATION**

Gyawali P, Kharel Sitaula R, Kharal A, **Bhusal A**, Paudel M, Joshi SN. Sub-Foveal Choroidal Thickness in Healthy Nepalese Population. Clin Optom (Auckl). 2019; 11:145-9

## **LICENSURES**

- Registered Optometrist- Nepal Health Professionals’ Council (**Reg No. 51 OPT**)
- Life Member- Nepalese Association of Optometrists

I hereby declare that all the facts given here are true to my knowledge.

Sincerely,

Asmita Bhusal