

BIO-DATA

PERSONAL DETAILS - Sudarshan Dhungana

Permanent Address: Tarkeshwor-3 Nuwakot, Province No 3, Nepal
Residential Address: Biratnagar-1 Morang, Province No 1, Nepal
Mobile Number: +977 9843090262, +977 9802111198
E-mail: sdhungana91@gmail.com
Date of Birth: 4th July 1991
Nationality: Nepali

CAREER OBJECTIVE

To seek a creative, challenging leadership position and the opportunity for growth that will utilize my public health knowledge, know-how and experiences.

EDUCATION SUMMARY

From 10/2014 to 10/2016 Masters in Public Health[MPH]
Padmashree School of Public Health
Bangalore, Karnataka/Rajiv Gandhi University of Health Sciences
Bangalore, Karnataka, India
Percentage: 76.06

From 01/2010 to 05/2013 Bachelor in Public Health[BPH]
National Academy for Medical Sciences
Old Baneshwor, Kathmandu/Purbanchal University, Nepal
Percentage: 77.62

From 07/2007 to 08/2009 Intermediate [10+2] Science
Nobel Academy H.S.S
New Baneshwor Kathmandu/ HSEB Nepal
Percentage: 64.80

On 07/2006
School Leaving Certificate [SLC]
Shree Krishna Secondary School,
Taruka-2 Nuwakot/Nepal Government
Percentage: 76.88

WORK EXPERIENCE

January 2022 to Till date	Assistant Professor BPH Faculty Coordinator Koshi Health and Science Campus, Biratnagar <u>Responsibilities:</u> <ul style="list-style-type: none">• Prepare regular class schedule• Prepare master plan• Coordinate for field visits with various stakeholders• Take theory classes in different subjects of BPH faculty• Supervise students for field visits, term papers and research
September 25 2018 to December 2022	Full time Lecturer BPH Faculty Koshi Health and Science Campus, Biratnagar <u>Responsibilities:</u> <ul style="list-style-type: none">• Take theory classes in different subjects of BPH faculty• Supervise students for field visits, term papers and research

**From March 22
2017 to
September 21
2018**

**Field Coordinator, Action Nepal
Project: USAID/Suaahara II**

Responsibilities:

- Support to district Coordinate for conducting district orientation and develop Detailed Implementation Planning (DIP) with District Health offices , DCC and NGO and other stakeholders.
- Coordinate to conduct district level stakeholder planning, meeting, orientation, training and other relevant activities of Suaahara.
- Plan and implement project activities in the working district. Coordinate with Suaahara II District Office to implement program effectively and smoothly.
- Coordinate and liaison with DDC /VDCs to allocate fund for the Suaahara activities in the district.
- Coordinate Suaahara II district team, district line agencies, related offices and networks for planning and implementing Suaahara II program activities.
- Supervise and monitor the field program and provide constructive feedbacks to field team.
- Ensure close monitoring of activities and performing field visits in order to assess the implementation of Suaahara activities.
- Provide support and program input to field supervisors, community nutrition facilitators and where need to Female Community Health Volunteer (FCHVs)/ Village Model Farm (VMF), Outreach Clinics, Ward Citizen Forums, Citizen Awareness Centers (CAC)
- Support /Conduct/ organizes various district and community level activities, trainings, workshops and other required activities.
- Monitor, mentor and supervise to field supervisors and community nutrition facilitators
- Prepare monthly/ quarterly/semiannual/annuals plans
- Produce & submit quarterly/ semiannual / annual reports of the programs on time. Collect and document important case studies/stories.
- Provide support to the evaluation and monitoring team (baseline , midterm and final)
- Attend and share program progress and challenges in district level stakeholders' review meeting in coordination with district coordinator

**From December
20, 2016 –March
15 2017
(3 Months)**

**District Coordinator, Dhading, Nepal Public Health Association(NEPHA)
Project: NEPHA UNICEF PCA III, **Strengthening Referral Systems for Safe motherhood and Newborn Survival.****

Responsibilities:

- Coordination with DHO, DDC and other stakeholders, representation and networking.
- Conduction of district and village level orientation meetings
- Project management and implementation within a given program portfolio.
- Establishment of maternity waiting home within district.

<p>From January 2014 to July 2014- (6 months)</p>	<p>DACC Coordinator, District Health Office, Dhading Nepal <u>Responsibilities and achievements:</u></p> <ul style="list-style-type: none"> • Successfully conducted DACC meetings at district. • Coordination with different NGOs and Partner agencies. • Monitoring and supervision of service sites and programme related to HIV/AIDS at district level. • Orientation to social mobilizers and students group about HIV/AIDS. • Conducted district level data validation workshop. • Preparation of District AIDS profile.
<p>From August 2013 to September 2014 (14 months)</p>	<p>Programme Coordinator and Instructor, School of Public Health and Technical Studies, Dhading <u>Responsibilities and achievements:</u></p> <ul style="list-style-type: none"> • Management of theory and practical classes of CMA. • Coordination with teachers, school management and students. • Coordination with DHO, PHC and Village level for field visit. • Taken classes on health management, health education, environment health, epidemiology and communicable disease etc.

PROJECTS ACCOMPLISHED

- Community health Diagnosis at Mudikuwa VDC of Parbat District 2011 -1 Month
- Comprehensive Field Practice Management of District Health System, Gorkha District 2012-1 month
- A Research on Sexual Health Knowledge among the Adolescents of Baireni VDC, Dhading 2013 [BPH THESIS]
- A research on Impact of cigarette packet pictorials among adult smokers of Baireni VDC, Dhading Nepal, 2016 [MPH THESIS]

Trainings and Seminars

- MYICN Training organized by District Health Office, Dhading (14 May 2014 to 17 May 2014)
- Workshop on Proposal/Grant writing organized by Padmashree School of Public Health (26th May-28th May 2016)
- National Conference on "Smart Health Care Landscapes: Create and Navigate" (18th & 19th Dec 2015)
- MYICN NACS training Organized by NTAG/SUAAHARA (1st April 2017 to 7th April 2017)
- Monitoring tools training Organized by HKI/SUAAHARA (23rd March 2017 to 29 March 2017)
- GESI GED Training organized by CARE Nepal (15th June 2017 to 18th June 2017)
- Monitoring Tools Training organized by HKI (2nd July 2017 to 6th July 2017)
- Training on Homestead food production (5th August 2017 to 11th August 2017)
- Training on Water, Sanitation and Hygiene (4th Sept 2017 to 6th Sept 2017)
- Community resilience building training (12th Oct 2017 to 16th Oct 2017)

INTERNSHIP/VOLUNTEER ACTIVITY

- **Internship/field experience (During 4th Semester of Masters in Public Health)**, Nepal Public Health Association (NEPHA)- 3 months (7th June – 9th September) *Part of curriculum*
- **Monitoring and Evaluation specialist**, End line Evaluation survey MYRIDA Gulbarga District, Karnataka, India- 15 days (8th March- 23rd March)

SUMMARY SKILLS

Computer Skills: MS Word, Excel, PowerPoint, Email and Internet use, SPSS, Nepali Typing etc

Language Skills: Fluent in Nepali and English (writing, reading and speaking)

PERSONAL COMPETENCIES

- Good understanding of health care system of Nepal.
- Ability to work in a fast-paced environment to set deadlines
- Communicating and coordinating effectively with all levels of the organization (Governmental/Non-governmental).
- Comprehensive knowledge of managing health services at a district level.
- Enthusiastic self-starter who contributes well to the team
- Able to work as a team in multicultural environment

PUBLICATIONS

- "Public Health Impact of Particulate Matter Pollution in Nepal : A Review" Published in International Journal of science Technology & Engineering in Volume 3, Issue 4 October,2016
- "Knowledge, Practice and use of Pesticides Among Commercial Vegetable Growers of Kaski District Nepal" Published in International Journal of science Technology & Engineering in Volume 3, Issue 3 September,2016
- "Factors Influencing Depression among Adolescents: A Case Control Study" Published in International Journal of science Technology & Engineering in Volume 3, Issue 5 November, 2016
- "Pattern and Cause of Road Traffic Accidents in Morang District" Published in Journal of Nepal Health Research Council in Volume 19 No 1 Issue 50 Jan-Mar 2021

PROFESSIONAL AFFILIATIONS

- Nepal Health Professional Council, Permanent registration
- Nepal Public Health Association (NEPHA), Life member

Driving License

- Nepalese driving license holder of 2 wheeler and 4 wheeler vehicle

REFERENCES

Mr. Ganesh Dhungana Executive Director Action Nepal Contact: 9851156154 Email: gan.dhungana@gmail.com	Dr. Umashankar S. Principal Padmashree School of Public Health, Bangalore India. Contact: +91-9449247939 Email: psphprincipal@gmail.com	Mr. Radhe Shyam Chaudhary Past Program Coordinator Helen Keller International Suaahara II Project Contact:985115194 Email: rchaudhary@hki.org
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CERTIFICATION

I certify to the best of my knowledge and belief that this Bio-data correctly describes my qualification and my experience.

Date:

Signature: