

ASHOK PANDEY

PERSONAL DETAILS:

Family Name: Pandey

Date of Birth: 2045/10/19 (1989/02/01)

Gender: Male

First Name: Ashok

Place of Birth: Arghakhanchi

Civil Status: Married

Permanent Address: Malarani-7 Arghakhanchi, Lumbini Province, Nepal

Temporary address: Suncity Apartment, Pepsi-cola, Kageshwori Manohara, Kathmandu, Nepal

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Nationality: Nepalese and Citizenship No: 10380/Arghakhanchi

Passport No: 11536717/ MOFA Department of Passport, Arghakhanchi, valid until 23 July 2029.

License: Licensed as higher level and First level in the registration book given by Nepal Health Professional Council (NHPC) #REG NO.: 454 Jan PH (MPH), A-902 Jan PH (BPH)

PAN Number: 106451982

Research gate: <https://www.researchgate.net/profile/Ashok-Pandey-17>

ORCID: <https://orcid.org/0000-0001-8471-1253>

Google Scholar: <https://scholar.google.com/citations?user=ZI5jDykAAAAJ&hl=en>

EDUCATION

Masters in Public Health (MPH), Rajiv Gandhi University of Health Science (RGUHS), Bangalore, India- 25 March 2015. thesis entitled "Assessing health education techniques in enhancing the knowledge of HIV/AIDS among adolescents" (**University Ranking**)

Bachelors in Public Health (BPH), Purbanchal University, Little Buddha College of Health Science, Mitrapark, Chabahil, Nepal. – 18 June 2012. thesis entitled "Knowledge and Practices of Menstrual Hygiene among Adolescent Girls in Kathmandu valley "

Intermediate in Science (+2 Science), Higher Secondary Education Board (HSEB) National Integrated College (NIC), Dillibazar, Kathmandu, Nepal – 21 August 2008

School Leaving Certificate (SLC), His Majesty Government (HMG), Shree Siddhartha Secondary School, Hansapur, Arghakhanchi, Nepal- 14 June 2005

Certified Educational Courses

International Summer School on Project Management (ISPM) specifically addressed clinical research, organized by the Center of Excellence for the Acceleration of Harm Reduction at the Department of Clinical and Experimental Medicine; University of Catania, Via S. Sofia, 8995123, Catania (Italy) 1 to 6 October 2019.

International People's health university short-term courses on "**Struggle for Health**" in **Access to Medicines Stream**, Savar, Bangladesh; 2018.

Diploma in Global Health (DGH), Global Health Unit, National Center for Health Professions Education (NCHPE), IoM, Kathmandu in collaboration with Tampere University, Finland 2015.

Bangalore Boston Nutrition Collaborative (BBNC); International Course in Nutrition Research Methods from St. John's Research Institute, Bangalore, India, 2015.

Fellowship

1. WYSE Global Change Makers: Leadership Coaching for the Sustainable Development Goals, UK 2023 A.D.
2. Fellowship on Climate Change supported by TERI and Internews' Earth Journalism Network, India, 2020 to 2021 A.D.
3. Fellowship on Harm Reduction supported by Knowledge Action Change, Poland, 2019 AD (For 1 year)

Certified online courses.

- The Struggle for Health and Access to Covid-19 Medical Products conducted by People's Health Movement and Third World Network 02-22 October 2021.
- Grant Management Course on Health and Social Science Researcher from 1st May to 31 May 2020 by St. John Research Institute, Bangalore India.
- COVID-19: Tackling the Novel Corona Virus, London School of Hygiene & Tropical Medicine and UK Public Health Rapid Support Team 2020.
- COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to support county preparedness and response by Emergencies and WHO, 2020.
- Let's break the Chain of COVID-19 Infection by Mohammed Bin Rashid University of Medicine and Health Sciences, 2020.
- Online certificate course on Smokeless Tobacco, WHO-FCTC Global Knowledge Hub on Smokeless Tobacco National Institute of Cancer Prevention and Research (ICMR), India 2019.
- Health systems strengthening, The University of Melbourne, the Nossal institute for global health and UNICEF, 2019.

PROFESSIONAL EXPERIENCES

1. Position: Associate Research Fellow (9th Level \cong to 10th level)

From – To 2021 Feb 08- to date

Name & Title of Supervisor: Dr. Mukti Ram Rijal

Name & Address of Employer: Policy Research Institute (Niti Anusandhan Pratisthan), A Government Think Tank, 3rd Floor of Federal Secretariat Construction and Management building, Sano Gaucharan-5, Kathmandu, Nepal

Brief description of duties and responsibilities: Job responsibilities include.

- a. Information and Knowledge Management
- b. Research and Learning
- c. Coordination, Collaboration, and Representation

2. At Nepal Health Research Council (NHRC)

a. Position: Senior Research Officer cum Focal person of Nepal Clinical Trial Registry (NPCRT). (8th Level)

From – To 2020 Dec 30- to 2021 Feb 07

Name & Title of Supervisor: Dr. Pradeep Gyanwali

Name & Address of Employer: Nepal Health Research Council, RamshahPath Kathmandu.

Brief description of duties and responsibilities:

- To prepare a detailed proposal including research tools for assigned projects (Noncommunicable disease in Nepal)

- To manage fieldwork of research activities including field coordination, supervision, and monitoring of field research.
- To supervise research officer and assistant research officer in data management and analysis including entry, cleaning, editing, and analysis, preparing research reports and research manuscripts for National and International Journal
- Supervise and guide the research officers and research assistants and other field staff in conducting various health-related studies.
- As the required need to visit various provinces of the country for monitoring and supervision of the research work.
- Publish at least a research paper during the peer review period during the six-month contract period.
- To lead in developing grant research projects for third-party funding in consultation with a core team of the Health Research Council.
- Apart from the above-mentioned activities, the Senior Research Officer will work on regular research activities of NHRC such as proposal review, manuscript review, and other activities by the Chief of the Research Section.

b. Position: Research Officer cum contact person of NOREC (Funded by Norway) and Focal person cum NPCRT. (7th Level)

From – To 2017 July 01- to 2020 Dec 30

Name & Title of Supervisor: Prof. Dr. Anjani Kumar Jha, (Executive Chairperson)

Name & Address of Employer: Nepal Health Research Council, RamshahPath Kathmandu.

Brief description of duties and responsibilities: Job responsibilities include.

Role and responsibilities as focal person NPCTR

- Develop Standard Operating Procedures (SoP) for the Clinical trial registry.
- Linked NPCRT with WHO ICTRP
- Conduct training, and orientation on the process of a clinical trial.
- Participate in training related to the clinical trial registry.

Role and responsibilities as the contact person of NOREC for a year

- Develop project agreement technical and financial proposal.
- Selection, recruitment, training, directing, supervision, and monitoring of NOREC participants
- Maintain partnership cooperation between the partner (NOREC, NHRC, and CSF Global)
- Prepare a consolidated and audited financial report to NOREC.
- Learn, teach, and follow zero tolerance for corruption.
- Organize and participate in partner meetings (Norway, Bangladesh, and Nepal)

In the Ethical Review Board Section

- Develop National Ethical Review Guidelines, SoP of NHRC.
- Review research proposal, assign reviewer and required presentation.

In the Research Section

- Develop research proposals and tools.
- Contribute as a focal point for outbreak investigation.
- Contribute to developing linkages with national and international agencies.
- Research methods in quantitative, qualitative, and mixed methods, including health policy and systems research.

(**Note:** Worked as the focal person/full-time trainer/ visiting faculty of training conducted by NHRC on Advanced Health System Research Management Training, data management, and analysis, scientific writing, and publication)

c. Position: FK Norway Research Fellow

From – To **2017 October 14- 2018 November 13**

Name & Address of Employer: **Child Sight Foundation, Global, Banani, Dhaka, Bangladesh.**

Brief description of duties and responsibilities: Job responsibilities include.

Review National guidelines of Bangladesh related to health research ethics and develop an institutional guideline for CSF to establish its ethics review committee.

- Conduct training on an ethical issue in health research in areas related to disability issues/problems.
- Identify priority areas for chronic disease research in Bangladesh through literature review, policy documents, and national guidelines.
- Train CSF staff on screening for diabetes and hypertension
- Develop a research protocol for researching chronic diseases such as diabetes and hypertension.
- Develop policy briefs on chronic diseases utilizing the evidence synthesized from the literature on chronic diseases to communicate with policymakers of partner countries.

d. Position: Research Associate (7th Level)

From – To **2015 Sep 01- 2017 June 31**

Name & Title of Supervisor: **Dr. Khem Bahadur Karki, (Executive Chief)**

Name & Address of Employer: **Nepal Health Research Council, Ramshapath Kathmandu.**

Brief description of duties and responsibilities: Job responsibilities include.

- Develop Research proposals and tools.
- Contribute as a focal point for relevant Research communication.
- Lead on further advancement and institutionalization
- Standard robust monitoring and evaluation system in the organization
- Contribute to developing linkages with national and international agencies.
- Research methods in quantitative, qualitative, and mixed methods, including health policy and systems research management and analysis of quantitative and qualitative data using different software
- Doing overall research program administration procedures, planning, monitoring, budgeting, and report writing.

(**Note:** Qualitative expert of NHRC, working in National level two qualitative research i.e., Research on traditional medicines and Impact of the foreign medical team during a disaster. I supervised more than dozens of Research supervisors and Research assistants and worked in Nepal Mental Health Survey, 2016)

3. At different universities

Position Title: Visiting professor of Public Health, Nursing, Pharmacy, Microbiology (Masters and Bachelor level)

From – To **2014 June 01 –date**

Name & Address of Employer: **Colleges affiliated with Tribhuvan University, Purwanchal University, and Pokhara University in Nepal and University of South Asia, Bangladesh**

Brief description of duties and responsibilities: Job responsibilities include preparing Lesson plans, imparting knowledge, presentations, field visit, and Examination for Bachelor's and Masters Level Public Health, Pharmacy, and Microbiology Nursing students

[Note: Successfully serves the position to develop micro syllabus curriculum of Public Health in Purwanchal University Curriculum].

4. Others

a. Position Title: Senior Program Coordinator

From – To 2014 June 01- 2015 June 30

Name & Address of Employer: **Shakti Milan Samaj (SMS), Dhumbaharai, 04, Kathmandu**

Brief description of duties and responsibilities: Job responsibilities include Coordination with stakeholders, development, implementation, coordination, monitoring, and evaluation of all projects undertaken by SMS
(Note: Worked as the Officer Head supervising more than dozens of staff and 130 PLHIV members)

b. Position Title: Assistant Research Officer (6th level)

Name & Address of Employer: **Nepal Health Research Council, Ramshah Path Kathmandu.**

Brief description of duties and responsibilities: Job responsibilities include preparing drafts for a research proposal, imparting training to enumerators, developing sampling frame and sampling, designing research instruments (quantitative and qualitative), monitoring fieldwork, Managing/analyzing data (Univariate, Bivariate, and Multivariate), and report writing.

c. Position Title: Field Researcher/ Enumerator/ District Supervisor

Name & Address of Employer: Health Research and Social Development Forum (**HERD**).

1. Household Survey 2012 (August- October 2012)
2. Rapid Assessment of Demand-Side Financing Schemes: Aama Surakshy Karykram and 4 ANC (FHD/NHSSP/HERD) in Sankhuwasbha District. (May 04- 28 2012)
3. Cross-Border Migration TB control Programme in Rupandehi District. (April 10- 28, 2012)
4. Situation Analysis of TB HIV collaboration in Argakhanchi and Bardiya district. (Feb 01-21, 2012)
5. Risk factors for multi-drug resistant Tuberculosis: A case-control study at selected DOTS-plus clinics in Nepal” (Sep 26-Oct 25, 2011)

Peer reviewer of proposals and articles related to NCD research submitted to NHRC.

List of selected Reports /Research Consultancies

28. Title of the Activity: Citizen Empowerment to Improve Food and Nutrition Security of Vulnerable Populations, Rolpa District, Lumbini Province (Poshan Sudhar) Project. (Poshan Sudhar: Assessment and Development of Food and Nutrition Master Plans)

Position: Co-Leader (Data analysis/food and nutrition expert)

Duration: October 2022, to April 30, 2023

Organization/Individual: BMZ/Welthungerhilfe (WHH) and Implemented by Rural Reconstruction Nepal (RRN)

Responsibilities: Methodology finalization, field mobilization, data generation, and analysis, a compilation of information on different themes and facilitation of workshops, report preparation and documentation

27. Title of the Activity: Comprehensive Strategic Plan 2022-2026 for the National Comprehensive Sexuality Education Coalition

Position: Team Leader

Duration: September 2022, to December 30, 2022

Organization/Individual: UNFPA and Implemented by Visible Impact and Yuwa

Responsibilities: Proposal writing, Workshop facilitation, Report writing, development of a strategic plan, & presentation.

26. Title of the Activity: Restoring Dignified Identity of Badi People in Nepal through Sustainable Habitats and Communities

Position: Team Leader

Duration: May 01, 2022, to October 30, 2022

Organization/Individual: Korean Safety Health Environment Foundation

Responsibilities: Proposal writing, Data collection & processing, Monitoring and Evaluation, Report writing & presentation.

25. Title of the Activity: Summative Evaluation of Sanitation Programme Outcomes, LRPS-2021-9169044.

Position: Public health experts and Data Analyst

Duration: December 01, 2021, to April 30, 2022

Organization/Individual: UNICEF, CLTS Foundation Global, India

Responsibilities: Proposal writing, Data extraction, and processing, Application of computer-aided data analysis software, Monitoring, and supervision including report writing and presentation.

24. Title of the Activity: SPRINT Real-Time Review (RTR) of FPAN COVID-19 response in Nepal

Position: Team Leader

Duration: November 2021 to December 2021

Organization/Individual: International Planned Parenthood Federation, Malaysia

Responsibilities: Monitoring, and supervision including report writing and presentation.

23. Title of the Activity: Consultancy for commissioning a study on the functional experience of parliamentary committees of Provincial Assemblies in the past three and half years

Position: Consultant

Duration: August 2021 to December 2021

Organization/Individual: Parliament Support Project/PSP, UNDP

Responsibilities: Monitoring, and supervision including report writing and presentation.

22. Title of the Activity: NEW LEAF-Nepal; Project on children home running project Jhamsikhel-2, Lalitpur.

Position: Team Leader

Duration: March 30, 2021, to May 1, 2021

Organization/Individual: Social Welfare Council supported and implemented by EFC Chico, USA

Responsibilities: Monitoring, and supervision including report writing and presentation.

21. Title of the Activity: Research on Inclusion and Protection of Human Trafficking and Sexual and Gender-Based Violence survivors and Migrant workers at the Selected municipality of Makawanpur District. Under “Hamro Sawal Hamro Netritwa Project”

Position: Research Consultant

Duration: 1st November 2020 to 31 January 2021

Organization/Individual: Shanti Foundation is funded by a grant from Asia Foundation.

Responsibilities: Proposal development, ethical approval from ERB of NHRC, data analysis, report writing, and dissemination.

20. Title of the Activity: Evaluation of program entitled: Effective and Efficient Medical Intervention to Enhance the Health of Vulnerable People in Nepal

Position: Team Leader

Duration: 16th August 2020 to 15 October 2020

Organization/Individual: Social Welfare Council (SWC), Hariharbhawan, Lalitpur.
Responsibilities: Monitoring and evaluation of the program.

19. Title of the Activity: Sharing Experiences/ Training women's group for creating awareness on household air pollution and human health through FCHVs in Dhunkharka Bethanchowk Rural Municipality.

Position: Health Experts

Duration: 01st August 2020 to 14 August 2020

Organization/Individual: Indoor Air Pollution and Health Forum Nepal (IAPHF-Nepal) program of Gender and Inclusive Energy (GIE) Programme (Nepal Project) in Nepal.

18. Title of the Activity: Dissemination of research findings on effective energy planning and implementation for capacity development of local governments and stakeholders.

Position: Health Expert/consultant

Duration: 17th July 2020 to 30 July 2020

Organization/Individual: Practical Action in collaboration with Hivos, People united, ENERGIA, International Network on Gender and Sustainable Energy.

17. Title of the Activity: Consultant to develop FCHVs ToT Guideline Manual on Indoor air pollution

Position: Consultant/Health Expert

Duration: 2nd of March 2020 to 30 April 2020

Organization/Individual: Indoor Air Pollution and Health Forum Nepal (IAPHF-Nepal) from the GiE program funded by ENERGIA

Responsibilities: FCHVs ToT Guideline Manual.

16. Title of the Activity: A prefabricated structure at Chautara District Hospital including public health project and maintaining and strengthening health posts.

Position: Team Leader

Duration: November 12 2019 to January 11, 2020

Organization/Individual: Social Welfare Council (SWC) funded by America Nepal Medical Foundation

Responsibilities: Monitoring, and supervision including report writing and presentation.

15. Title of the Activity: Relation in married couples between PID (pelvic inflammatory disease) and prostatitis: Assessment at the level of the district hospital

Position: Co-Investigator

Duration: March 2019 to March 2020

Organization/Individual: Bernard Eugene Geffe, University Louis Pasteur Faculty of Medicine

Responsibilities: Proposal writing, getting ethical approval.

14. Title of the Activity: Situation Analysis on Health Seeking Behavior of Elderly and Immunocompromised People in Selected Districts of Nepal

Position: Principal Investigator

Duration: October 2018 to June 2019

Organization: Shanti Foundation funded by Direct Relief, USA

Responsibilities: Proposal writing, ethical approval, data collection and management, report writing, and dissemination.

13. Title of the Activity: Nepal Green and Inclusive Energy project (Nepal GiE project): A Draft Mapping of CSOs, Health workers, and Government Action that can be Engaged to Support Advocacy and Outreach on GIE Issues

Position: Consultant

Duration: 2017

Organization: Indoor Air Pollution and Health Forum Nepal (IAPHF-Nepal)

Responsibilities: Imparting training, Presentation on a different topic, report writing, report submission.

12. Title of the Activity: Clinical Refresher Training for Supporting the Minimum Initial Service Package (MISP) on Clinical Management on Rape and Manual Vacuum Aspiration (MVA) for a service provider

Position: Consultant and Rapporteur

Duration: May 2016

Organization: FPAN and IAWG

Responsibilities: Imparting training, Presentation on a different topic, Report writing, report submission, and presentation to FPAN and IAWG.

11. Title of the Activity: Orientation on the Minimum Initial Service Package (MISP) for Reproductive health in Crisis in FPAN

Position: Consultant and Rapporteur

Duration: May 2016

Organization: FPAN, IPPF, and SEARO

Responsibilities: Imparting training, Presentation on a different topic, Report writing, report submission, and presentation to FPAN, IPPF, and SEARO.

10. Title of the Activity: Advocacy Manual Toolkits for health coordinator and health management committee on Maternal and Child Health

Position: Technical Expert

Duration: June-August 2015

Organization: ETSC and Rotary Club International

Responsibilities: Imparting training on advocacy, Manual kit development, and presentation to ETSC and Rotary Club International.

9. Title of the Activity: Advocacy planning and capacity building workshop on youth-friendly SRH-HIV integration to parliamentarians of Nepal

Position: Consultant

Duration: September 2014

Organization: FPAN, UNFPA, AFPPD, and IPPF

Responsibilities: Imparting training on sexual and reproductive health and rights, worked as the rapporteur and report writing

8. Title of the Activity: Capacity building workshop on youth-friendly SRH-HIV integration for parliamentarians of Nepal

Position: Consultant

Duration: September 2014

Organization: FPAN, AFPPD, and IPPF

Responsibilities: Imparting training on sexual and reproductive health and rights, worked as the rapporteur and report writing

7. Title of the Activity: A baseline study of the Sustainable Sanitation and Hygiene for All (SSH4A) project, a national WASH survey in 15 districts of Nepal (Mobile-based survey)

Position: Team member

Duration: September-December 2014

Organization: RECID Nepal and SNV

Responsibilities: Tool and concept paper development, imparting training to research enumerators, and report writing.

6. Title of the Activity: Exit Client Interview survey 2014 on family planning services and service utilization

Position: Consultant

Duration: June 2014

Organization: FPAN, AFPPD, and IPPF

Responsibilities: Tool and concept paper development, data analysis, and report writing.

5. Title of the Activity: Baseline survey of School Drinking Water and Sanitation Survey (Mobile-based survey of public schools in Kathmandu Valley), a mobile-based survey using AkvoFlow, 2014

Position: Team member

Duration: August 2014

Organization: RECID Nepal and Splash/ACR Nepal

Responsibilities: Tool and concept paper development, data analysis, and report writing.

4. Title of the Activity: Baseline Survey of Strengthening Flood Resilience in Kankai River Basin in Nepal: E2E Early Warning

Position: Sub Consultant

Duration: August-September 2014

Organization: RECID Nepal and Practical Action South Asia Regional Office

Responsibilities: Tool development, data analysis, and report writing.

3. Title of the Activity: Survey of Developing Community Resilience in Nepal (*RINA Project*): Volunteer Survey

Position: Sub Consultant

Duration: January-February 2015

Organization: RECID Nepal and Nepal red cross society

Responsibilities: Tool development, data analysis, and report writing.

2. Title of the Activity: Public Opinion and Compliance Survey on Tobacco Control and Legislations in Nepal -2015

Position: Team Leader

Duration: January-February 2015

Organization: NHEICC, Government of Nepal

Responsibilities: Proposal development, Tool development, imparting training, data analysis, and report writing.

1. Title of the Activity: Integrated Biological and Behavioural Surveillance (**IBBS**) Surveys among Men who have Sex with Men (MSM) and Transgender in Kathmandu Valley 2015, Integrated Biological and Behavioural Surveillance (IBBS) Surveys among People who inject drugs (PWID) in Eastern Terai region of Nepal 2015

Position: Consultant

Duration: January - April 2015

Organization: NCASC, Save the Children, Government of Nepal

Responsibilities: Proposal development, Tool development, imparting training, data analysis, and report writing.

Prizes/Awards

Mirgendra Samjhana Medical Trust Young Health Research Award during the Sixth National Summit of Health and Population in Nepal scheduled on 6-7th July 2020, Ramshah Path, Kathmandu, Nepal.

BEST PRESENTATION AWARD during the International Course in Nutrition Research Methods from 12th Jan-23rd Jan 2015 at St. John's Research Institute, Bangalore, India funded by USAID.

Research Involvement

Quantitative Research

1. Measles Outbreak in Kapilvastu, Nepal: An Outbreak Investigation Kapilvastu 2016
2. Assessment of Asparagus Powder Distribution Program on Breastfeeding Promotion: Perspectives from Mothers and Health Service Providers, 2017.
3. Situation Analysis on Health Seeking Behavior of Elderly and Immunocompromised People in Selected Districts of Nepal, 2019
4. Monitoring of medical / health agencies designated as research centers in Nepal, 2018.
5. Public Opinion and Compliance Survey on Tobacco Control and Legislations in Nepal -2015.
6. जिल्ला प्रहरी कार्यालयबाट प्रवाह हुने सेवाहरूको सेवाग्राही सन्तुष्टि विश्लेषण (2079) । काठमाडौं: नीति अनुसन्धान प्रतिष्ठान र नेपाल ल क्याम्पस ।

Mixed-Method Research

1. Assessment of health status of home-isolated COVID-19 patients in Nepal, 2020
2. Assessment of Status of Post-Recovery Patients with COVID-19 Infections in Nepal, 2020
3. Review of effectiveness of the foreign medical team deployment in the Nepal earthquake, 2015.
4. Evaluating & Developing Tobacco Harm Reduction Strategies Among Smokers in Kathmandu, Nepal, 2019.
5. Febrile Illness Outbreak Investigation in Sundarharicha-5, Foklan Tapu, Morang District, 2018

Qualitative Research

Knowledge Diversity and Healing Practices of Traditional Medicine in Nepal 2016.

Review

COVID-19 Pandemic, Vaccine Diplomacy, and the Recommended Course of Action for the Government of Nepal, 2021.

Innovation Research

“Are you Safe?” Safety-Check Tools During Natural Disasters, 2016.

Socio-Economic Impact of the COVID-19 Pandemic and Policy Response for Recovery; National Conference on Economics and Finance

Pandey, A., Uprety, B., Sharma, H., 2021. नेपालको आर्थिक विकास नीतिका सन्दर्भमा विभिन्न मुलुकका आर्थिक नीति तथा आवधिक योजनाका अनुभव र बजेट तर्जुमा प्रक्रियाको सिंहावलोकन. 1st ed. edited by B. Uprety and H. Sharma. Kathmandu: Policy Research Institute.

Policy Brief

Tandukar, S. and Pandey, A. (2022). COVID-19 Vaccine Diplomacy: From vaccine purchase and subsidy to co-production [Policy brief]. Policy Research Institute.

Strategic Planning

Comprehensive Strategic Plan 2022-2026 for the National Comprehensive Sexuality Education Coalition funded by UNFPA and Implemented by Visible Impact and Yuwa.
The WHO Foundation (WHOF) Strategic Framework 2023-2025.

Journal Publications

- Pandey, A., & Rijal, N.** (2023). Politics of Tobacco companies on the game of Cannabinoid, *Journal of Health and Social Welfare*, 3(1), 5–7. <https://jhsw.com/index.php/jhsw/article/view/35/34>
- Rijal, N., **Pandey, A.**, & Niraula, D. (2023). Higher Education in Nepal and Brain Drain: A Study of its Economic Impact on Countries with Special Reference to Nepal. *Journal of Health and Social Welfare*, 3(1), 1–19. <https://jhsw.com/index.php/jhsw/article/view/36/35>
- Rijal, N., **Pandey, A.**, Parajuli, A., & Gurung, D. B. (2023). A Study on Sexuality Education: Youth beyond Comprehensive Sexuality Education with a Sense of Responsibilities. *Journal of Health and Social Welfare*, 3(1), 1–19. <https://jhsw.com/index.php/jhsw/article/view/37>
- Tran, K., **Pandey, A.**, Lang, J., Henrikson, H., & Aali, A. (2022). Articles The global burden of cancer attributable to risk factors, 2010 – 19 : a systematic analysis for the Global Burden of Disease Study 2019. 6736(August). [https://doi.org/10.1016/S0140-6736\(22\)01438-6](https://doi.org/10.1016/S0140-6736(22)01438-6)
- Pandey, A., Parajuli A.**, (२०२२) गाँजा खेती र दिगो विकासको सम्भावना र चुनौती: वैज्ञानिक समिक्षा, सुरक्षित जीवन, A journal of Drug Control, ११(१४) नेपाल सरकार, गृह मन्त्रालय, लागू औषध नियन्त्रण शाखा सिंहदरवार, काठमाडौं
- Bryazka, D., **Pandey, A.**, Reitsma, M. B., Griswold, M. G., Hassen Abate, K., Abbafati, C., Abbasi-Kangevari, M., Abbasi-Kangevari, Z., Abdoli, A., Abdollahi, M., Yousuf Md Abdullah, A., Abhilash, E. S., Abu-Gharbieh, E., Manuel Acuna, J., Addolorato, G., Adebayo, O. M., Adekanmbi, V., Adhikari, K., Adhikari, S., Estiningtyas Sakilah Adnani, Q., ... Collaborators, A. (2022). Population-level risks of alcohol consumption by amount, geography, age, sex, and year: a systematic analysis for the Global Burden of Disease Study 2020. *The Lancet*, 400(10347), 185–235. [https://doi.org/10.1016/S0140-6736\(22\)00847-9](https://doi.org/10.1016/S0140-6736(22)00847-9)
- Paulson, K. R., Kamath, A. M., Alam, T., Bienhoff, K., Abady, G. G., Abbas, J., Abbasi-Kangevari, M., Abbastabar, H., Abd-Allah, F., **Pandey, A.**, Abd-Elsalam, S. M., Abdoli, A., Abedi, A., Abolhassani, H., Abreu, L. G., Abu-Gharbieh, E., Abu-Rmeileh, N. M., Abushouk, A. I., Adamu, A. L., Adebayo, O. M., ... Kassebaum, N. J. (2021). Global, regional, and national progress towards Sustainable Development Goal 3.2 for neonatal and child health: all-cause and cause-specific mortality findings from the Global Burden of Disease Study 2019. *The Lancet*, 398(10303), 870–905. [https://doi.org/10.1016/S0140-6736\(21\)01207-1](https://doi.org/10.1016/S0140-6736(21)01207-1)
- Poudyal, A., Dhimal, M., Rimal, R. P., Rimal, L. P., Dhakal, N., **Pandey, A.**, & Gyanwali, P. (2021). A Comparative Study on the Recording of Temperature by Thermo- Graphic Camera, Thermal Gun and Digital Clinical Thermometer in a Tertiary Hospital of Nepal. *JNHRC*, 19(3), 608–612. <https://doi.org/10.33314/jnhrc.v19i3.3511>
- Belbase, P., Basnet, A., Parajuli, A., Paudel S., **Pandey, A.** 2021. “Ordinance on the Safety and Security of Health Workers and Health Institutions in Nepal: A Critical Analysis.” *Journal of Nepal Health Research Council* 19(2):408–10. DOI: 10.33314/jnhrc.v19i2.3694.
- Tandukar, S., Manandhar., **Pandey, A.**, Khanal, R., Sthapit, N. 2021. “Possibility of Detection of Severe Acute Respiratory Syndrome.” 2(December):0–11. DOI: 10.3390/w13233412.
- Kendrick, P. J., **Pandey, A.**, et al. (2021) ‘Spatial, temporal, and demographic patterns in the prevalence of chewing tobacco use in 204 countries and the territories, 1990–2019: a systematic analysis from the Global Burden of Disease Study 2019’, *The Lancet Public Health*, 2667(21). doi: 10.1016/s2468-2667(21)00065-7.

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Abstract and presentation

- Pandey, A., & Parajuli, A.** (2022). Evaluating & Developing Tobacco Harm Reduction Strategies among Smokers in Kathmandu, Nepal. *SRNT*, 183. https://www.srnt.org/page/2022_Meeting
- Rayamajhi R, **Pandey A**, Wasti SP, "Health-Related Quality of Life After Open Heart Surgery at National

Cardiac Centre, Nepal" Paper presented in Fifth National Summit of the Health and Population Scientists in Kathmandu, Nepal, 11-12 April 2018.

Pandey A, Parajuli A, Jewel J. "Knowledge on electronic cigarette and willingness to switch towards alternative nicotine delivery system among slum dwellers in Dhaka", Bangladesh, SRNT, 25th Anniversary San Francisco, USA February 20-23, 2019.

Parajuli A, **Pandey A**. "Electronic cigarette intervention among slum dwellers of Dhaka: a pre-post experimental study." SRNT, 25th Anniversary San Francisco, USA February 20-23, 2019.

Maskey J, **Pandey A**, et al., Factors Influencing the Behavioral Intention Towards Household Solid Waste Management among the Households of Kathmandu Metropolitan City. Paper presented in Second National Summit of Health and Population Scientists in Nepal, 11-12 April 2016.

Singhal M, **Pandey A**., Risky Sexual Behavior among Youth in Public and Private Colleges in Kathmandu, Nepal. Paper presented in Second National Summit of Health and Population Scientists in Nepal, 11-12 April 2016.

Pandey A et al, (2015). "Prevention of cervical cancer through screening using visual inspection with acetic acid (VIA) and treatment with cryotherapy among PLHIV women of Shakti Milan Samaj members in Kathmandu". Paper presented in First National Summit of Health and Population Scientists in Nepal, Kathmandu, Nepal 11-12 April 2015.

Pandey A, Tandon M. (2014) "Challenges experienced by adolescent girls while menstruation in Kathmandu, Valley. A qualitative study" paper presented in First National Population Conference, Soaltee Crown Plaza, Kathmandu Nepal 5-7 June 2014.

Pandey A, Umashankar S. (2014) "Assessing health education techniques in enhancing the knowledge of HIV/AIDS among adolescents" paper presented in First National Population Conference, Soaltee Crown Plaza, Kathmandu Nepal 5-7 June 2014.

Adhikari R, **Pandey A**., (2014) "A cross-sectional study on assessing risk factors of hypertension among residents of Chabahil, Kathmandu" paper presented in First National Population Conference, Soaltee Crown Plaza, Kathmandu Nepal 5-7 June 2014.

Pandey A (2014). "Knowledge and Practices of Menstrual Hygiene among Adolescent Girls Kathmandu valley" paper presented in Global Public Health Conference Chennai, India 21-23 February 2014.

Panta D, **Pandey A** (2014). "A Descriptive study on tobacco use among reproductive-age women in Chhoprak Village Development Committee, Gorkha district, Nepal" paper presented in Global Public Health Conference Chennai, India 21-23 February 2014.

Invited Plenary Talks

- Keynote speakers, Training on Scientific Writing, Yeti Health Science Academy, Funded by University Grant Commission, Kathmandu, Nepal.
- Keynote speakers, Women in STEM: AUW Networking Event 2018, Chittagong, Bangladesh.
- Keynote speakers, international workshop on research methodology 2019, Kathmandu, Nepal funded by Global Challenged Research Fund; University of Plymouth; Biosense medical.

Fully funded Invitation Trip

USA, Germany, Italy, Poland, Czech Republic, Qatar, Thailand, Bangladesh, and India

Research Grant

1. Preparation of Food and Nutrition Master Plans for Runtigadhi and Tribeni Rural Municipalities for Rolpa district, BMZ/Welthungerhilfe (WHH) (\$18,000)
2. Restoring Dignified Identity of Badi People in Nepal through sustainable habitats and communities funded by Korea SHE Foundation (\$3000)
3. Summative Evaluation of Sanitation Programme Outcomes, 2022 LRPS-2021-9169044. Funded by UNICEF, New York, USA (\$75,000)
4. The Knowledge Action Change (K•A•C) Global Tobacco Harm Reduction Scholarship Programme, 2019 (\$10,000).
5. Systematic review and situation analysis of smoking and perceptions about harm reduction amongst slum dwellers in Dhaka City, Foundation for Smoke-Free World, UK, 2018 (\$92,500).
6. Effective and Efficient Medical Intervention to Enhance the Health of Vulnerable People in Nepal, Funded by Direct Relief, USA, 2018 (\$89,970.00).
7. Effective and Efficient Service through Medical Intervention for enhancing ART Adherence, Funded by Direct Relief, USA, 2019 (\$31,951.89).
8. “Are you safe?” Safety-check tools during natural disasters, 2016 - Economic, Social and Cultural Rights and the internet, Global Information Society Watch (GISWatch), with the association for Progressive Communications (APC), International Development Research Centre (IDRC), 2016 (\$1000).
9. Under graduated (UG) research grant award by NHRC with Representative of MoF, NPC, MoHP, CRC IOM, Chairman, and NMC, 2011 (\$300)

Computer Skills

- Full software level of competency in SPSS, Ms. Excel, EPI-info and Epi-data
- Reference manager (Endnote, Zotero, Mendeley)
- Knowledge of CSPro, STATA, R, Atlas, and NVIVO, Review manager, Gradepro, Gapminder, WHO anthro, etc.

Research activities /training/seminar/workshop attended.

Name of Training/ Experience	Period	Year
Workshop on Ethical Review Guideline and SOP of Nepal Health research Council for accreditation of FRECAP funded by WHO	16-17 November	2019
Training on Clinical Trial Registry at Clinical Trial Registry of India (CTRI) , NIMS New Delhi, India funded by WHO.	23-27 September	2019
5 days of NOREC partner training in Kathmandu on the NOREC exchange project.	18-22 June	2019
Global Forum for nicotine in Poland Warsaw.	13-16 June	2019
Training workshop on Country Led Initiative for Implementation Research on Universal Health Coverage (CIRU) in Nepal organized by WHO, TDR, HRP, Alliance for Health Policy and Systems Research, and Nepal Health Research Council, Kathmandu, Nepal.	27-28 February	2019

Scientific Writing and Manuscript Publication did by the National Academy of Medical Editors (NAME) and Nepal Health Research Council, Kathmandu, Nepal.	1 February	2019
Primary Health Care Declaration of Alma Ata with 4th People's Health Assembly (PHA-4) - Bangladesh	15-19 November	2018
Attended 4th National Summit of Health and Population Scientists in Nepal, Advancing Evidence for Changing Health Systems in Nepal' organized by NHRC, Nepal	11-12 April	2018
The Society for Research on Nicotine & Tobacco (SRNT) 24th Annual Meeting, Hilton Baltimore, Baltimore, Maryland, USA	21-24 February	2018
FK Norway Training part 1 Bangkok, Thailand.	October	2017
Training workshop on Advance Statistical Training on Health Research conducted by Nepal Health Research Council (NHRC), UNICEF.	June	2017
Training workshop on Critical Appraisal of evidence conducted by Nepal Health Research Council, NHRC.	26-27 June	2016
Training workshop on Developing a protocol for Cochrane systematic review and meta-analysis conducted by Nepal Health Research Council, NHRC.	28 May to 2 June	2016
Author Aid Scientific Writing and Publishing Workshop done by International Network for the Availability of Scientific Publications (INASP), UK, and The Research Cooperative, Japan.	25 -27 Nov	2015
Worked as the Volunteer during Earthquake in Nepal Red cross, Nepal	25 April to 4 May	2015
Attained a four-day exposure visit at Jamkhed on Community based health and development, Jamkhed, Maharastra, India.	18-21 Sep	2014
Worked as the Rapporteur AFPPD Advocacy Planning Workshop for Nepali Parliamentarians, Kathmandu, Nepal.	14-15 August	2014
Worked as the Notetaker in "I decide" Signature/Photo Petition and "Girls Decide" Photo-Exhibition, organized during the National Population Conference (5-7 June) and FPAN's 36 th Annual General Meeting (31 May-1June).	May/June/July	2014
Nepal New Gen Leadership Training , Park Village and Resort, Budhanilkantha, Kathmandu organized by YKAP and UNICEF.	31 Aug to 4 Sep	2014
Workshop on evaluation of Maternal and Child Health Programmes , Bangalore, India.	28-29 June	2013
Workshop on HBNC in SEARCH Gudchiroli, Maharastra, India.	5 Jan to 23Feb	2012

Workshop on Health Systems Research Proposal Development organized by Nepal Health Research Council Ramshahpath, Kathmandu.	23-28 September	2012
Work as a Data Enumerator at Karuna Foundation , Lazimpat, Kathmandu.	19- 25 Oct	2011
Work as a Part-time Instructor at the Institute of Community Health (ICH), Columbia Institute, New Baneshwor, Pathashala Institute, Chabahil.	2010/11/12	2010- 2012
Participated in “ Participatory Rural Appraisal Training ” for 2 days (18hrs) conducted by Little Buddha College of Health Science Mitrapark, Kathmandu.	4-5 April	2011
Training in SPSS conducted by Little Buddha College of Health Science Chabahil, Kathmandu.	6-10 April	2011
Training of Trainers (ToT) was conducted in Kathmandu with the support of the Skill for Employment Project (SEP) And (CTEVT).	30 Aug to 10 Sep	2010

REFERENCE:

Will be available upon request.

DECLARATION:

To the best of my knowledge, the information stated above is true and factual and most of the statements will be supported with proven certificates.



Ashok Pandey
February 2023
