

PERSONAL INFORMATION

Name – Bharat Kafle



Permanent Address - Devchuli– 2, Nawalpur, Nepal



Current Address – Devchuli– 2, Nawalpur, Nepal



+9779857040341



bharatkafle29@gmail.com



Marital Status - Married



Father Name – Khem Narayan Kafle



Religion: Hindu

Sex: Male | Date of birth 13/07/1992 | Nationality: Nepalese

PROFESSIONAL SKILLS:

- Strong research skill
- Expert trainer, leadership, interpersonal skills, self-motivated, quick learner, team player, and self-starter
- Rich knowledge of Public Health component and program
- Strong facilitation skill on Sexual and reproductive health, Family planning, Nutrition, Hygiene promotion in federal, provincial, and local level health workers
- Team mobilization, strong coordination, and partner NGO management skill
- The skill of development of behavior change related training packages and IEC/BCC materials development
- Trained on sphere standards, core humanitarian principle
- Computer skills: MS Office, Internet, SPSS, EPI info, STATA, and RDQA
- Languages: Nepali, English, and Hindi

WORK EXPERIENCE (Summary):

SN	Position-program	Organization	Year	Duration
1	Lecturer	Chitwan Medical College, Tribhuvan University	Sep 2021- till date	17 months
2	Research officer	Partnership for Social Development Nepal (NGO)	Jul 2020- Jan 2021	6 Months
3	Intern	Health Insurance Board	Dec 2019- Jan 2020	1.5 months
4	Training and Nutrition & Social Behavior Change Communication Officer	Nepali Technical Assistant Group (Suaahara-II program)	Jan 2017– Apr 2018	16 Months
5	Research Assistant-Data Analysis	Sakriya Sewa Samaj (NGO)	Oct 2016- Jan 2017	3 Months
6	Field Research Assistant	NHRC	Mar 2016- Jun, 2016	3 Months
7	Intern	Sakriya Sewa Samaj	Jun 2015-Oct, 2015	4.5 Months
Total Experiences			More than 50 months	

ACADEMIC QUALIFICATIONS:

University, Institution, City, Country	Degree Obtained	Main Subject	From	To	Division
Tribhuvan University, Patan Multiple Campus, Lalitpur, Nepal	Master of Economics	Applied Statistics	2020	2022	Thesis ongoing
Tribhuvan University, Institute of Medicine, Central Department of Public Health, Kathmandu, Nepal	Master of Public Health	Public Health	2018	2020	Distinction
Tribhuvan University, Central Department of Population Studies, Kritipur, Nepal	Master of Population Studies	Reproductive Health	2016	2018	First
Tribhuvan University, Manmohan Memorial Institute of Health Sciences, Kathmandu, Nepal	Bachelor of Public Health	Public Health	2011	2015	First
CTEVT School of Health Sciences Bharatpur, Chitwan, Nepal	Health Assistant	General Medicine	2008	2011	First
Shree Janata Higher Secondary School, Kawasoti-6, Nawalparasi Nepal	School Leaving Certificate	Economics	2000	2008	First

EXPERIENCE IN DETAILS:

Chitwan Medical College, Tribhuvan University

1st September 2021 to till date

Post: Lecturer

Job Responsibility:

- Teaching Health Economics, Public Health Demography, and Epidemiology
- Supervise and co-supervise students during thesis
- Supervise students during community learning

Partnership for Social Development Nepal

16 July 2020 to 15 January 2021

Post: Research Officer

Project: Status & Determinants of FP method use among hard to reach population (HTRPs)

Job Responsibility:

- Overall assist the qualitative portion of study, provide input on study design, methodology, tools, pretesting, collecting the information, monitoring supervision of information and data collection.
- Actively assist, develop and review study tools (mainly qualitative portion) and finalize the information/data collection instruments/tools.

- Actively assist and facilitate field researcher orientation.
- Actively assist data management, analysis and report writing.
- Provide input on overall study and quantitative portion as well.

Health Insurance Board, Teku, Kathmandu

December 1, 2019, to January 12, 2020

Post: Intern

Job Responsibility:

- Assess the enrollment process and status of the program
- Assess the utilization process and status of the program
- Assess the status of gap and coverage of the program

Nepali Technical Assistance Groups, Kathmandu

January 02, 2017, to April 30, 2018

Post: Training and Nutrition and Social Behavior Change Communication Officer

Job Responsibility

- Implementation of the Essential Nutrition Action Program
- Program implementation liaising with health facility staff and other stakeholders
- Assisted and prepare technical and financial reports
- Planning and conducting training and workshops
- Coordination and meetings with different stakeholders and local authorities
- Conduct HMIS training to health staffs
- Developed & distributed IEC materials and supported radio program (Bhanchin aama)
- Analytical and technical support to plan and program formulation in local authorities
- Advocate on GESI
- Build the capacity of field staff, partners, and government personnel
- Data quality monitoring by routine data quality assessment (RDQA)

Sakriya Sewa Samaj, Kathmandu

October 15, 2016, to January 15, 2017

Post: Research Assistant-Data Analysis

Job Responsibilities:

- Assist in research for Preparation of database, data analysis and preparation of reports

Nepal Health Research Council, Kathmandu

March 29, 2016, to June 03, 2016

Post: Field Research Assistant

Job Responsibility:

Field Research Assistant at Midwestern development region on (Quality of drugs and drug use pattern in different level of health care setting in Nepal).

Sakriya Sewa Samaj, Kathmandu

June 17, 2015, to October 4, 2015

Post: Intern

Job Responsibilities:

- Project planning, implementation, monitoring, and evaluation

Report writing and Conduct Environment Health project on school-based sanitation and Project on HIV/AIDS- awareness among migrant

PUBLICATIONS:

1. **Kafle, B**, Yadav, U., Marahatta, S., Mishra, D., & Pant, N. (2018). Unintentional Injuries among Under-Five Children in Mid- Western Nepal. *Journal of Nepal Paediatric Society*, 38(1), 46-52. <https://doi.org/10.3126/jnps.v38i1.18250>
2. Tamang MK, Yadav UN, Hosseinzadeh H, **Kafle B**, Paudel G, Khatiwada S, et al. Nutritional assessment and factors associated with malnutrition among the elderly population of Nepal: a cross-sectional study. *BMC Res Notes*. 2019 Apr 30;12(1):246.
3. Yadav UN, Tamang MK, Paudel G, **Kafle B**, Mehta S, et al. (2018) The time has come to eliminate the gaps in the under-recognized burden of elder mistreatment: A community-based, cross-sectional study from rural eastern Nepal. *PLOS ONE* 13(6): e0198410. <https://doi.org/10.1371/journal.pone.0198410>

TRAINING/WORKSHOP/SEMINAR/ASSEMBLY:

- Participate training workshop on 10th Faculty Development Workshop theme on “Enhancing health professionals’ performance to upgrade students learning” from Chitwan Medical College, **Chitwan** in 07-12 August, 2022
- Participate training workshop on systematic review and meta analysis from Nepal Health Research Council, **Kathmandu** in 01-06 August, 2021
- Participated in seventh population scientist conference in **Kathmandu** as a oral presentation on the title of “prevalence of mistreatment among elderly by their family members and its associated factors in Gandaki Province” in 01-02 July 2021
- Participate training on good clinical practice conducted by **International Vaccine Institute** held in Institute of Medicine in 17th June 2021
- Participate in a workshop on research ethics held at **TPO Nepal** on 18th February 2019
- Participant of the international workshop on Mixed Method Workshop held at **Kathmandu** as a participant in 7th January 2019
- Participate in International Conference on New Directions for Research on Ageing: Work, Care, and Mobility held at Manipal **South-India** as an oral presenter on the title of “health service utilization among the elderly population; A descriptive study from kawasoti municipality in 1-2 March 2019
- Participate In-situ International Training Programme in Social Gerontology conducted by **International Institute on Ageing United Nation-Malta** held in Nepalese Army Institute of Health Science Kathmandu in 20-23 November 2018
- Participated in third population scientist conference in **Kathmandu** as a poster presentation on the title of “unintentional injury among the under five children in mid-western region of Nepal” in 10-12 April 2017
- Participate in Fourth People Health Assembly held at Savar **Bangladesh** as a participant in 2018

LICENSES:

- General Medicine NHPC registration no.: B-4115 Med GM
- Public Health NHPC registration no.: A-2361 Jan PH
- Public Health Specialist registration no.: 1273 Jan PH
- Bike Driving License no.: 01-06-00234915

AWARDS:

- 2018- MPH Study Scholarship in IOM, CDPH
- 2018- Ageing Research Fellowship 2018 by Ageing Nepal
- 2016- Awarded with National Population Day Organized by Population and Environment Ministry of Nepal.
- 2008- Whole Scholarship during Study of General Medicine awarded Nrs.5000 per month by the CTEVT.

REFERENCES:

- Associate Professor Dr. Amod Kumar Poudyal Head of Department Central Department of Public Health, Institute of Medicine, T.U, Kathmandu Nepal, Contact no.: 9851011037 and email: amod103@gmail.com
- Associate Professor Dr. Keshab Prasad Adhikari, Central Department of Population Studies & Master's Programme in Labour Studies, Tribhuvan University, Kirtipur, Kathmandu, Nepal, Contact no.:9841463717 and email:adhikarikpa@gmail.com

DECLARATION

I, the undersigned, certify that to the best of my knowledge and belief, this bio-data correctly describes me, my qualifications, and my experiences. I understand that any will full misstatement describe herein may lead to my disqualification.

Bharat Kafle

Date: 12/28/2022
