



A competent and experienced Laboratory Manager (**Clinical Biochemist**) with a demonstrated history of working in the hospital & health care industry; possessing excellent analytical and interpersonal skills.

# DIPESH TAMRAKAR

**Date of Birth:** 12 October 1986 A.D.

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**Skill Highlights**

- Friendly, enthusiastic, adaptable, self-motivated and efficient.
- Supportive team worker, committed and responsible.
- Good interpersonal skill
- Good knowledge of computer application

**Languages**

- Nepali
- English
- Newari
- Hindi

## Experience

<b>30 July, 2020 – till date: Lab In-charge (Clinical Biochemist)</b> at Banepa Diagnostic Laboratory and Research Centre Pvt. Ltd., Banepa, Kavre, Nepal
<b>11 Aug 2018 – July 29, 2020: Medical Laboratory Technologist (Part Time)</b> at Banepa Diagnostic Laboratory and Research Centre Pvt. Ltd., Banepa, Kavre, Nepal
<b>16 Dec, 2015 – 15 May, 2017: Medical Laboratory Technologist</b> at Dhulikhel Hospital-Kathmandu University Hospital, Dhulikhel, Kavre, Nepal
<b>1 Nov 2015 – 15 Dec 2015: Medical Laboratory Technician</b> at Civil Service Hospital, Kathmandu, Nepal
<b>1 Dec, 2007 – 1 Nov, 2009: Medical Laboratory Technician</b> in the Laboratory Departments of Basic Science Complex at Kathmandu University School of Medical Sciences, Dhulikhel, Kavre, Nepal.
<b>Aug 9, 2007 – Feb 11, 2008: Medical Laboratory Technician</b> in Global Hospital Pvt. Ltd., Lalitpur, Nepal

## Education

<b>May 2017 - Jun 2020 Masters in Clinical Biochemistry,</b> Marks: 83.33% Maharajgunj Medical Campus, Institute of Medicine, Tribhuvan University, Kathmandu, Nepal (NHPC 201 Med. Biochemistry)
<b>Aug 2009 - Jan 2014 BSc. Medical Laboratory Technology,</b> Marks: CGPA 3.85 (equivalent to 87.51%) School of Health and Allied Sciences, Pokhara University, Lekhnath, Kaski, Nepal (NHPC A-1199 MLT)
<b>Oct 2004 – Nov 2007 Certificate in Health Science-Lab. Technology,</b> Marks: 75.77% Dhulikhel Medical Institute, Kathmandu University, Dhulikhel, Kavre, Nepal (NHPC B-484 Diag. H. Lab)
<b>June 2004 School Leaving Certificate (SLC), 2004</b> Marks: 75.88% Kabhre Secondary School, HMG Board of Nepal, Panauti, Kavre, Nepal

## RESEARCHES & PROJECT WORKS:

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1. Tamrakar D., Bhat D.S., Yadav B.K., Tuladhar E.T. & Sharma V.K. (2022). *Hypogonadism in type 2 Diabetic Male patients with and without Erectile Dysfunction*. Journal of Clinical Chimica Acta (Conference Abstract), 530(S371). <http://dx.doi.org/10.1016/j.cca.2022.04.947>
2. Tamrakar, D., Bhatt, D. S., Sharma, V. K., Poudyal, A. K., & Yadav, B. K. (2021). *Association Between Erectile Dysfunction and Type 2 Diabetes Mellitus*. Journal of Nepal Health Research Council, 19(2), 378-383. <https://doi.org/10.33314/jnhrc.v19i2.3394>
3. A Thesis work on “*Association between Serum Testosterone Level and Erectile Dysfunction among Type 2 Diabetes Mellitus*” under supervision of Assoc. Prof. Dr. Binod Kumar Yadav, Department of Biochemistry, Maharajgunj Medical Campus, IOM, Maharajgunj, Kathmandu in partial fulfillment of MSc Clinical Biochemistry syllabus.
4. Tamrakar D., Shakya S., Shrestha S., Pradhananga S., Sharma V. K., Tuladhar E. T., Raut M., Bhattarai A. and Yadav B. K. (2020). *Distribution pattern of Serum Uric Acid Level before and after National Festival Dashain among patients visiting Tertiary Hospital, Kathmandu, Nepal*. Journal of Health and Allied Sciences, 10(2), 36-39. <https://doi.org/10.37107/jhas.152>
5. Poster Presentation entitled “*Effect of National Festival Dashain on purine metabolism among Nepalese Population*” on Third Annual Conference of Nepalese Association for Clinical Chemistry dated 2 – 3 March, 2019, Manipal Teaching Hospital, Pokhara, Nepal.
6. Bhatta D. R., Tamrakar D., Maharjan B., Duwal R., Shrestha RK, Koju S, Risal P. *Boost up Quality Assurance through regular evaluation of Proficiency Testing Performance*. Ann. Clin. Chem. Lab. Med. 2017;3(1); 3-7. <https://doi.org/10.3126/acclm.v3i1.17296>
7. Poster Presentation entitled “*Participation in an External Quality Assessment Scheme: An Experience from University Hospital*” on NACC CONFERENCE 2016 dated 20 – 21 August 2016, Dhulikhel Hospital- Kathmandu University Hospital, Dhulikhel, Nepal.
8. Pandey R, Tamrakar D, Jaiswal S, Sharma A, Koju S, Duwal S. R, Sharma I, Jayaswal R. P, Pankaj P. P. *Serum Adenosine Deaminase: A Novel Biomarker Tool for the Diagnosis of Tuberculosis*. Biosci Biotechnol Res Asia 2016;13(1). <http://dx.doi.org/10.13005/bbra/2068>
9. A Thesis work on ” *A Study On Sensitivity And Specificity Of Serum Adenosine Deaminase In The Diagnosis Of Tuberculosis*” under supervision of Asst. Prof. Raju Pandey, Research Advisor, B.Sc. MLT Coordinator, Department of Biochemistry, School of Health and Allied Sciences, Lekhnath-12, Kaski in partial fulfillment of BScMLT syllabus.
10. A project work on “*Community Health Laboratory Diagnosis In Khanalthok Village Development Committee*” under supervision of Dr. SujanBabuMarhatta, Assistant Program Director, Dhulikhel Medical Institute, Dhulikhel Hospital in partial fulfillment of CMLT syllabus.
11. A thesis work on “*Effect Of Hemolysis On Plasma Creatinine Estimation By Jaffe’s Method*” under supervision of Assoc. Prof. Dr. Prabodh Risal, Research Advisor, Course Coordinator, Certificate in Health Science- Laboratory Technology, Dhulikhel Medical Institute, Dhulikhel Hospital in partial fulfillment of CMLT syllabus.

## REFERENCES:

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**Assoc. Prof. Dr. Vijay Kumar Sharma**  
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Department of Biochemistry  
Maharajgunj Medical Campus,  
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