

# DAMARU PRASAD PANERU, PhD

**Permanent Address:** Mahendranagar Municipality -19 Kanchanpur, Nepal (born in Kailpalmandu-5 Dadeldhura)

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## Summary

He is a young Public health professional having more than 15 years of experiences in the public health discipline and extensively engaged in HRH development, capacity building, research, monitoring and evaluation of Health and social programmes. He has expertise in research activities and programming such as planning, implementation, monitoring and evaluation). He possesses excellent management and administration skills. He is fluent in English and Nepali; and literate in Hindi.

## Academic Qualifications

University	Degree	Duration	Percent	Division
Jawaharlal Nehru Medical College, KLE University, Belgaum, Karnataka, India	PhD in the Faculty of Medicine (Discipline: Public Health)	3 years 10 months	Degree awarded	Degree awarded
Department of Applied Research, GRI-DU, Gandhigram, Tamilnadu, India	M. Phil in Research and Development	1 year	78.17	First
Faculty of Health and Medical Sciences, AAI-DU, Allahabad, India	Master of Public Health	2 years	CGPA 10 out of 10	Distinction

## Long term academic training course

School of Health Sciences, CTEVT, Nepal	Proficiency Certificate in General Medicine	2 ½ years	75.0	First
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**Awards:** Nepal Vidya Bhusan Ka and Kha; Gold Medal.

**Current Position:** Director, Associate Professor (Public Health) School of Health and Allied Sciences, Faculty of Health Science, Pokhara University

### **Trainings/Workshops attended**

- TOT on Master Trainer in Teaching – learning process; organized by TITI Bhaktapur
- Journal Editorial Training, Organized by Nepal Medical Association, Kathmandu
- Workshop on Project Monitoring and evaluation techniques; organized by GF/FPAN
- Statistical analysis training. June 2010, organized by Pokhara University, Nepal
- Instructional Skill Development Training, June 2010 organized by Pokhara University, Nepal
- Advanced Health System Research Methodology training, organized by Nepal Health Research Council/Ministry of Health and Population, Kathmandu
- Clinical Epidemiology, KLE's Health Research Foundation, Belgaum, Karnataka
- National workshop on Research Methodology, Department of Library and Information Science, University of Pune Maharashtra, India.
- Training on distance learning: University of Nicosia, Cyprus, October 2018.

### **Seminars/Workshop attended /Conference Paper Presentations**

- Organizing chair: Pokhara Public Health conference 2019, jointly organized by School of Health and Allied Sciences, Pokhara University and University Grants Commission Nepal. June 2019.
- Organizing member: International conference on Health Engineering in Disasters April 2019.
- Guest Speaker: International Conference on Future Health care and Economic Development. August/September 2018 and 2019, NCKU, Taiwan.
- Operational Research on Tuberculosis: workshop on Proposal Development, organized by HERD, Kathmandu
- Presented a paper on World Congress on public Health, Kolkota, February 2015
- Presented a paper on Global conference on Public Health, Chennai, February 2014
- Presented a paper on annual Conference of IPHA, Tirupati, January 2014
- Presented a paper on annual Conference of IPHA, Kolkota, January 2013
- Presented a paper in Pune Public Health Conference, 2013
- Presented a paper on International congress on Rural Health and Medicine, Goa 2012

### **Curriculum Development and manual development**

1. Member, BPH and MPH curriculum Development Committee, Pokhara University
2. Member, Manual of Training for Health Workers in Emergency: NRCS, SPMER
3. Consultant, Training manual development for CHBC, HIV programme, SPMER
4. Technical expert, Manual development for Hospital safety, SPMER

### **ACADEMIC EXPERIENCES**

1. Working as an Associate Professor (Permanent) of Public Health in School of Health and Allied Sciences, Pokhara University, Nepal since April 2019.
2. Worked as Lecturer (Permanent) of Public Health in School of Health and Allied Sciences, Pokhara University, Nepal since January 2010 to March 2019
3. Worked as Lecturer (contract) cum Coordinator for HA and BPH programme in National Academy For Medical Sciences, Kathmandu, Nepal during 2064/08/01BS (November 2007 to January 2010)
4. Worked as Assistant Lecturer (Department Head) in Farwest School of Medicine, Mahendranagar, Kanchanpur, Nepal (May 2007 to November 2007).

5. Worked as Instructor for CMA and AAW, Institute of Community Health, Dhangadi , Nepal for a period of six months (October 2003 to April 2005).

### Professional Involvement

- Member, Research Evaluation committee, Pokhara University
- Editor in Chief, Journal of Health and Allied Sciences
- Member of Editorial Board, Europasian Journal of Medical Sciences.
- Member, Research committee, Ministry of Social development, Gandaki Province, Nepal.
- Board Member, Modern Technical College, Kathmandu (University representative).
- Advisor, SHAS Bulletin, Pokhara University
- Coordinator, Internal Quality Assurance Committee, School of Health and Allied Sciences, Pokhara University
- Patron, Free student's Union (elected body of students for PU).

### PUBLICATIONS

#### A. Reference texts/research monographs

Damaru Prasad Paneru. Utero-vaginal Prolapse in Doti District of Nepal. LAMBET Academic Publishing, Germany; 2013.

#### B. Research Reports

SN	Title of report	Assignment given by	Funding agency	Completed year
1	Project Evaluation Counseling, Treatment, Rehabilitation & Prevention Program	Nauloghunti, Nepal	ICCO/Kerk in Acte	2011
2	Choices, shift and continuation of temporary contraceptive methods among women of reproductive age in western Development region, Nepal	UGC, Nepal	HERP	2013
3	Utilization practices of Institutional Delivery Services and their Correlates in Dadeldhura District of Nepal	UGC Nepal	HERP	2012
4	Symptomatic Reproductive Tract Infections (RTI) among Married Women of Reproductive age in Kaski District of Nepal	FST, PU, Nepal	FST, PU, Nepal	2011
5	Review National Health Budget, Sexual and Reproductive Health (SRH) Budget	SPMER	FPAN/IPPF	2011
6	Integrated Biological and Behavioral Surveillance (IBBS) Survey among Male Labor Migrants (MLM) in Western and Mid to Far Western Region of Nepal, 2015	SPMER	NCASC	2015
7	Post Disaster Monitoring Report 2015	SPMER	Christian Aid	2015
8	Integrated Biological and Behavioral Surveillance (IBBS) Survey among	SPMER	Save the Children	2016

	Clients of Female Sex Workers (Truckers) in 22 Terai Highways Districts of Nepal			
9	District Level Stakeholder Performance measurement Checklist Development for Monitoring and Review of Multi-Sector Nutrition Plan (MSNP)	Watch Media	Save the Children	2016
10	Integrated Biological and Behavioral Surveillance (IBBS) Surveys among vulnerable and Key Populations at Higher Risk in Bhutan, 2016	SPMER	MOH, Bhutan	2016

### C. Research articles published in Journals

SN	Title of article	Name of journal	Published year
1	Maternal Health Care Practices and Factors Associated With Service Delivery at Sub-health Post in Dadeldhura District of Nepal	JHAS 2010; Vol. 1, No. 1, p.20-24 Available at <a href="http://www.pu.edu.np/journals">www.pu.edu.np/journals</a>	2010
2	Client's Satisfaction on Maternity Services at Paropakar Maternity and Women's Hospital, Kathmandu	JHAS 2010; Vol. 1, No. 1, p 56-59 Available at <a href="http://www.pu.edu.np/journals">www.pu.edu.np/journals</a>	2010
3	Prevalence and factors associated With reproductive tract infections Among married women of Reproductive age in kaski District Nepal	<i>Asian Journal of Medical Sciences</i> 3(2012) 1-7 Available at <a href="http://nepjol.info/index.php/AJMS">http://nepjol.info/index.php/AJMS</a>	2012
4	Impact factor of the journal as quantitative measure for quality of journal: pros and cons	GJMEDPH, Vol 1(4) July- August 2012 Available at: <a href="http://www.gjmedph.org">www.gjmedph.org</a>	2012
5	Hepatitis B Related Knowledge and Perception of Nursing Students: An Institutional Based Study in Kathmandu, Nepal	International Journal of Health Sciences & Research. Vol.2; Issue: 8; November 2012 Available at: <a href="http://www.ijhsr.org">www.ijhsr.org</a>	2012
6	Preventive practices against Hepatitis B: A cross-sectional study among nursing students of Kathmandu, Nepal	J Sci Soc 2012;39:109-13. Available at : <a href="http://www.jscisociety.com">www.jscisociety.com</a>	2012
7	Sexual health behavior of adolescents in Pokhara, Nepal	Indian Journal of Community Health 2012; 24(2): 73-79 Available at: <a href="http://www.iapsmupuk.org/journal">www.iapsmupuk.org/journal</a>	2012
8	Compliance to Directly Observed Treatment Short Course (DOTS) Chemotherapy among the Patient of Pulmonary TB in Banke District of Nepal	JHAS, 2013, Vol. 3, No. 1 P 17-20 Available at <a href="http://www.pu.edu.np/journals">www.pu.edu.np/journals</a>	2013
9	Treatment seeking behavior of married	KLE HSJ 2013;6(1):26-31	2013

	women for reproductive tract infection: A study from Kaski district of Nepal	Hard copy available	
10	Knowledge and practices on maternal health care among mothers: A Cross sectional study from rural areas of Midwestern development region Nepal	J Sci Soc 2013;40:9-13 Available at: <a href="http://www.jscisociety.com">www.jscisociety.com</a>	2013
11	Bio-social predictors of low birth weight- a prospective study at a tertiary care hospital of north Karnataka, India	Ind J Comm Health 2013; 25(4):422 – 431, Available at: <a href="http://www.iapsmupuk.org/journal">www.iapsmupuk.org/journal</a>	2013
12	Gender difference on case detection of pulmonary Tuberculosis among the suspected cases attending in Jutpani primary health centre of Chitwan, Nepal	SAARC J TUBER LUNG DIS HIV/AIDS 2013;X(1):7-12 Available at: <a href="http://www.saarctb.org">www.saarctb.org</a>	2013
13	Awareness on Domestic Violence Against Women and Related Health Outcomes in a Hill District of Nepal	INDIAN JOURNAL OF APPLIED RESEARCH Volume : 4   Issue : 8   August 2014   ISSN - 2249-555X	2014
14	Pattern of Institutional delivery in Dadeldhura district of Nepal: A cross-sectional study	J Sci Soc 2014;41:94-100. Available at: <a href="http://www.jscisociety.com">www.jscisociety.com</a>	2014
15	Awareness and attitude of pulmonary TB patients toward tuberculosis: A cross-sectional study from Chitwan district of Nepal	Int J Health Allied Sci 2014;3:216-20. Available at : <a href="http://www.ijhas.in">www.ijhas.in</a>	2014
16	Human Immunodeficiency Virus Related Knowledge, Risk Perception and Practices among Married Women of Reproductive Age: A Cross-sectional Study from Mid-western Development Region, Nepal	Ann Med Health Sci Res 2014;4:786-90 Available at : <a href="http://www.amhsr.org">www.amhsr.org</a>	2014
17	Obstetric risk factors for low birth weight amongst full term babies born at a tertiary Care hospital of Belgaum district, south India	National Journal of Community Medicine   Volume 5   Issue 1   Jan – Mar 2014; Available at : <a href="http://njcmindia.org">njcmindia.org</a>	2014
18	Knowledge and attitude towards HIV/AIDS amongst Nursing students in Nepal	SAARC J TUBER LUNG DIS HIV/AIDS, 2015; XII(1):8-13 Available at: <a href="http://www.saarctb.org">www.saarctb.org</a>	2015
19	Prevalence and correlates of psychological distress symptoms among patients with substance use disorders in drug rehabilitation centers in urban Nepal: a cross-sectional study	BMC Psychiatry (2016) 16:314 Available at : <a href="https://bmcp psychiatry.biomed central">https://bmcp psychiatry.biomed central</a>	2016
20	Pregnancy Outcomes at a Tertiary Care Hospital of Karnataka, South India	Journal of South Asian Federation of Obstetrics and Gynaecology, July-September 2016;8(3):1-5 Available at: <a href="http://www.jsafog.com">www.jsafog.com</a>	2016

### Research Projects (Ongoing)

1. Health Problems of Nepalese Migrant Workers and Their Access to Healthcare Services in Middle East countries: A cross- sectional study, Funded by Pokhara University Research Centre , Nepal
2. Social Health Security Program of Nepal: Perception, Experiences and Adherence from Insured and Uninsured Consumers and Service Providers of Three Districts, funded by University Grants commission, Nepal

**Research proposals (under review)**

1. From Water Hyacinth Waste to Useful Products for Clean Energy and Agriculture (Co-PI), submitted to Nepal Innovation Technology and Entrepreneurship Center, Handong Global University (HGU) , South Korea/Pokhara University, Nepal.
2. Safety and Diagnostics Materials Development for Combating Infectious Diseases in Nepal (Co-PI), submitted to University Grants commission, Nepal

**REFREES**

Referee 1

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Referee 2

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I hereby declare that the information supplied in this CV are true.

Damaru Prasad Paneru, MPH,M.Phil, PhD