

Curriculum vitae

- As of Oct 2022

PERSONAL INFORMATION	
Full name	Badelal Prasad Sah
Current address	Birgunj, Parsa, Nepal
Permanent address	Adarsha Kotwal Ga. Pa. -8, Bara, Nepal
Contact (cell) no.	+977-9865081313
Email	publichealth.bps@gmail.com
Nationality	Nepalese
Gender	Male
Date of birth (DOB)	20 Sep 1989 AD [4 th Ashoj 2046 BS]
Career objective	To obtain a challenging position in a high quality research organization where my experience and academic skill will add value to organizational operations.
EDUCATION	
Dates	2019AD - 2021 AD
Title of qualification	Master in Public Health (MPHN)
University /institution	Central Department of Public Health, (IoM), Tribhuwan University.
Dates	2016AD - 2019 AD
Title of qualification	Master in Sociology and Anthropology
University /institution	Thakur Ram ultiple Campus, Tribhuwan University.
Dates	July 2010 - Dec 2014
Title of qualification	University degree in Public Health (BPH)
University /institution	Pokhara University Nobel College Sinamangal, Kathmandu, Nepal
Dates	November 2006- November 2009
Title of qualification	PCL in General Medicine (Health Assistant)
Institution	CTEVT*, School of Health Science, Bharatpur-10, Chitwan, Nepal <i>* Council for Technical Education and Vocational Training</i>
Date	Passed in 2006 AD
Title of Qualification	School Leaving Certificate (SLC)
Institution	Paropakar Adarsha Higher Secondary School Bhimsensthan, Kathmandu, Nepal
TRAININGS	
Name of Training	Training on Entomological Research Method by NHRC(Nepal Health Research



	Council)
	Training on Data Management Method by NHRC(Nepal Health Reserch Council)
	Training on Proposal Development by NHRC(Nepal Health Reserch Council)
	Training on Spinal Cord Injury management in Disaster Setting.
	Master of training on Community Based integrated management of Childhood by Save The Children
	Training on Integrated Management on Acute Malnutrition by Save The Children
	Training on PEN Protocol.
	Trining on CNSI
	Training on HMIS/DHIS2
EXPERIENCES	
Date/Duration	April 2014 – Cont...
Position	Public Health Inspector Officer
Main Activities And Responsibilities	Plan and Conduct public Health Programmes
Organization	Feta Gaupalika, Bara
Date/Duration	April 2014 – April 2019 (5 year)
Position	Project management Coordinator
Main Activities And Responsibilities	developing and testing data collection tools, data collection, research activities in both qualitative and quantitative methods. project management (planning, monitoring and evaluating projects.)
Organization	Divine college of Health training and research Center, Birgunj Parsa
PERSONAL SKILLS AND COMPETENCES	
Mother Tongue	Nepali
Other Languages:	
English	Proficient in listening, reading, writing & speaking
Nepali	Proficient in listening, reading, writing & speaking
Hindi	Proficient in listening, reading, writing & speaking
Bhojpuri	Proficient in listening, reading, writing & speaking
Maithili	Proficient in listening, reading, writing & speaking
Computer Skills And Competencies	<ul style="list-style-type: none"> ▪ Basic computer skills including email/internet use ▪ Microsoft office: Word, Excel, PowerPoint ,Outlook ▪ Statistical software: Epi-data, SPSS ▪ Endnote, DHIS2
AWARDS	
	<ul style="list-style-type: none"> ▪ School topper award for SLC examination among 200 Students in Paropakar

	<p>Adarsha Higher Secondary School Kathmandu Nepal.</p> <ul style="list-style-type: none"> ▪ Scholarship for PCL in General Medicine by Government of Nepal (CTEVT) * ▪ Scholarship for BPH by Pokhara University. (University 2nd topper in Health science Wing)
	Undergraduate Grant Award 2014 By NHRC for thesis for partial fulfilment of Curriculum of BPH.
RESEARCH AND FIELD EXPERIENCES	
	1. A thesis on NUTRITIONAL STATUS OF UNDER FIVE YEARS CHILDREN AND ITS ASSOCIATED FACTORS IN PHETA RURAL MUNICIPALITY, BARA, NEPAL
	2. A dissertation in partial fulfillment of the requirement of the degree of Public health (BPH), Eight Semester "A STUDY ON HOME DELIVERY CARE PRACTICE AND NEONATAL DEATH IN LOWER AND HIGHER ETHNICITY GROUP COMMUNITY OF BARA DISTRICT."
	3. 30-days 'Comprehensive field Practicum' in Syangja District Health Office for the partial fulfilment of 4 th year curriculum of BPH (April-15-2014 to May-15-2014)
	4. 30-days field practicum for 'Community health diagnosis' in Goljung VDC of Rasuwa district for the partial fulfilment of 3rd year curriculum of BPH (Sep-1-2013 to Sep-30-2013)
	5. 3-months residential field for 'Community Health Diagnosis' of Shivanagar VDC of Chitwan district for the partial fulfilment of the curriculum of PCL in General Medicine (July- September 2009)
CLINICAL EXPOSURES	
	1. 3-months hospital postings (day-, evening- & night-shift postings) in Bharatpur Hospital, Bharatpur Eye Hospital, Bharatpur Cancer Hospital Chitwan for partial fulfilment of curriculum of PCL in General Medicine (HA) (June-August 2009)
Research knowledge and data analysis knowledge gained through around 25 term papers during partial fulfilment of curriculum of BPH	
BPH 7TH SEM	<ol style="list-style-type: none"> 1. Review of community Based Health Insurance (CBHI) initiative of Nepal. 2. A plan of health services on slum dwellers of Kathmandu through PRIMARY HEALTH CARE/OUTREACH CLINIC (PHC/ORC) 3. Five year planning on <u>Safe motherhood programme & family planning programme</u> in Syangja District.
BPH 6TH SEM	<ol style="list-style-type: none"> 4. A qualitative study on Traditional healing practices among Tamang community of Goljung, Rasuwa, Nepal 5. A Study On Use of Latrine and It's Sanitation in Goljung VDC, Rasuwa, Nepal 6. A Study on Child Right 7. Questionnaire Method, As a Method of Data Collection.
BPH 5TH SEM	<ol style="list-style-type: none"> 8. Training Curriculum for FCHVs on STIs and HIV/AIDS Transmission and Prevention 9. Treatment of common disease and injury at Badegaun PHCC, Lalitpur, Nepal

	10. A Project Proposal On primary health care/outreach clinic (PHC/ORC) by LFA model
	11. Simple approach to training need assessment (SATNA)
	12. Occupational Health Hazard among the workers involved in construction site
BPH 4TH SEM	13. A brief study on domestic violence against women in Nepal
	14. A study on knowledge assessment on food habits and nutrition of Management students of Nobel College.
	15. A study on indoor air pollution in Nepal.
	16. Steps of planning in health education program on personal hygiene in school level.
	17. Problem of arsenic in drinking water.
BPH 3RD SEM	18. Staffing pattern in Anandaban hospital, Lalitpur, Nepal.
	19. Milk Hygiene in Animal Farming site In Lalitpur District Nepal.
	20. Role Of Radio Nepal in Health Promotion And Education
	21. Methods Of Marriage in Newar Community
BPH 2ND SEM	22. Knowledge attitude and practice of HIV/AIDS among management students of NC
	23. <u>Client's Satisfaction To DOTS</u>
	24. Drug abuse: as a social problem
	25. Newars of Nepal
	26. A TPP on Diarrhoea.
Social skills and competences	
	<ul style="list-style-type: none"> ▪ Good ability to adapt in multicultural environments gained through Community field practice and many health camps during HA and BPH study period.
	<ul style="list-style-type: none"> ▪ Team spirit gained during community, comprehensive field practice and during sports week.
	<ul style="list-style-type: none"> ▪ Presentation skill developed during term paper presentation in academic career, BPH study period through 30 term Papers.
	<ul style="list-style-type: none"> ▪ Comprehensive Knowledge of Diagnosis, Treatment, Prevention of Public health Problems and disease during on the job training in Bharatpur District Hospital, Bharatpur, Chitwan Nepal. ▪ Training on PRA/PLA.
	<ul style="list-style-type: none"> ▪ Communication skills training is done in Nobel college.
MEMBERSHIP/AFFILIATION	
	1. General Member of Nepal Youth red cross circle
REFERENCES (Please, confirm with the applicant before using reference)	
Full Name	Prof. Ram Chandra Sinha
Post And Working	Head of Department of Public Health,

Organization	Nobel College, Sinamangal, Kathmandu
Contact	Cell no. +977-9841-466-949

Certification:

I, the undersigned, certify that to the best of my knowledge and belief, these data correctly describe me, my qualifications, and my experience.

Name of the expert: Badelal Prasad Sah

Date: Oct, 2022

Signature:


