

CURRICULUM VITAE

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Career summary and Competencies:

I was born in 21st August 1980, in the rural village located in far-western part of Nepal. I have completed *Master in Public Health (MPH)* from Tribhuvan University, Nepal (Maharajgunj Campus) and *specialized course in International Health* from University of Tromsø, Norway. I have also completed *Master degree in Sociology* from Tribhuvan University and *MSc in Telemedicine and e-health* from University of Tromsø, Norway. Recently I have joined MPhil/PhD program in Population Studies at Central Department of Population Studies, TU. I have attended various profession related high level National and International training courses, workshop, symposiums, conference and meetings. Over last twenty years I have progressively accumulated professional and managerial experience in managing several I/NGOs on technical and programmatic aspects, and also gained matured experience in academic profession and conducting the research activities individually in various public health and social issues.

Core competencies:

- Performance Management; Appropriate and Transparent Decision Making
- Communication and Influencing, self management/emotional intelligence
- Working in team; respect for individual and group difference and cultural sensitivity
- Understanding the conflict-sensitive, right base approach and socially inclusive and gender issue
- Self Motivated; working under pressure; frustrating and difficult situation
- Developing people/coaching and mentoring and fostering innovation and empowerment
- Analytical and strategic thinking and result driven/ commitment to excellence
- Managing Knowledge and information; knowledge sharing; continuous learning
- Monitoring and research activities
- E-health, Telemedicine, and m-health

Academic Qualification:

MPhil/PhD:

- *MPhil/PhD in Population Studies*, Central Department of Population Studies, Tribhuvan University (2021-ongoing)

Post graduate degrees:

- ***MSc in Telemedicine and e-Health***, University of Tromsø, Norway (2010-2013).
- ***Specialized course in International Health***, University of Tromsø, Norway (2013).
- ***Master degree in Sociology (MA)***, Tribhuwan University, Kathmandu Nepal (2008).
- ***Master in Public Health (MPH)***, Tribhuwan University (Institute of Medicine, Maharajgunj Campus) Kathmandu Nepal (2006).

Bachelor:

- ***Bachelor in Public Health (BPH)***, Tribhuwan University (Institute of Medicine, Maharajgunj Campus) Kathmandu Nepal (2003).

Certificate:

- Higher Secondary Education Board (Vishwa Niketan Higher Secondary School), Tripureshwor, Kathmandu (1998).

Schooling:

- Budhanilkantha School, Kathmandu (1996).

Visited countries:

USA, Norway, Denmark, France, Netherland, Belgium, Singapore, India

Working Status:

- ***Associate Professor (PU) and Principal*** (From 2009 Sep -ongoing) Yeti Health Science Academy, Maharajgunj Kathmandu
- ***Visiting Faculty at Purbanchal University*** for MPH course (From 2016-ongoing)
- ***Member of Academic Council*** Purbanchal University
- ***Core team member*** (MPH curriculum Development for Purbanchal University)

Past work experiences:

- ***Member of Country Coordination Mechanism (CCM) Nepal*** (from 2018-2022)
- ***Project Manager***, (From 2009 April to 2011 Aug) Prasamsha Samrakshan Samuha (HIV/AIDS Program for MSMs supported by Global Fund/FPAN), Kathmandu
- ***Clinical Research Site Manager*** (From 2006 December - to 2009 October) Chakshu Research Inc. USA
Site office at; Tilganga Eye Center Gaushala, Kathmandu
- ***Lecturer*** (From October 2006- November 2007) Hope International College, Satdobato, Kathmandu
- ***District Health Coordinator*** (From August 2004- May 2005) CARE/NFHP, Bajura
- ***Research, Monitoring and Documentation Officer*** (From January 2004- August 2004) CARE/NFHP, Kanchanpur

- **Instructor** (From December 2002 to January 2004)
Seti-Mahakali Nursing Campus, Kanchanpur
- **Instructor** (From December 2002 to January 2004)
Institute of Community Health (ICH), Kanchanpur

Training and Workshop attended:

- **Training on Data Analysis using STATA** Organized by Central Department of Population Studies (CDPS), Tribhuvan University (5-11 Dec, 2022)
- **Training on Ethics in Health Research (CPD10 credit point)**, Organized by Nepal Health Research Council and Yeti Health Science Academy (17-18 April, 2022)
- **Nepal Conference on Geriatrics 2021**, Organized by WHO and MoHP
- **Training Workshop on Ethical Review Process of Health Research (9.45 CPD credit point)** by Nepal Health Research Council (16-18 May, 2021)
- **Regional Training course on Implementation Research**, Organized by WHO, TDR for research on disease of Poverty and Faculty of Medicine, Public health and Nursing University Gadjah Mada (10-13 Dec, 2019)
- **National Conference on Family Planning**, Organized by Family Welfare Division, Ministry of Health (18-19 March, 2019)
- **E-health Convergence and Planning Workshop**, Organized by Ministry of Health (24-27th July 2017)
- **Workshop on Micro-syllabus Development for Bachelor in Public Health (BPH) Programme**, organized by Purbanchal University (10-11 July, 2016)
- **Seminar on Public Health Education in Nepal: Existing Practices and Future Strategies**, Supported by University Grant Commission (7-9 July, 2016)
- National Workshop on **Adolescence Health and Development Strategy, 2015** by Family Health Division, Save the Children and Nepal Public Health Association (18th Aug, 2015)
- National **Workshop on Strategic Option on e-health** by MoHP and UNICEF (21-22 April, 2015)
- National **Workshop on the development of e-health Strategy**, by MoHP, WHO and UNICEF (18-19 Dec, 2014)
- **Training of Trainers on First Aid**, by St John Ambulance Australia (27-28 Feb, 2014)
- Advance level **Professional Training on SPSS** by Tilganga Institute of Ophthalmology and Super Brain Web Technology (from 20th Aug to 4th Sep 2010)
- Training on **HIV/AIDS Program Management**, by Corporate Social Consortium (CSC) and German Development Cooperation (GTZ) (from 15th Jan to 21st Jan 2010)

- National Workshop for ***Curriculum Development on Pediatric Primary Eye Care Training for Community Volunteers (FCHV, Traditional Healers, School Teachers)*** , by TIO, NNJS, BPKLCOS, NEH, BP Eye Foundation (22-23 Nov 2009)
- Training on ***Research Methodology*** for 4 days by the Fred Hollows Foundation, Australia and Tilganga Institute of Ophthalmology.
- National Workshop on ***Refractive Error and Optical Dispensing*** by TIO, MoHP and International Center for Eye Health, London (1 to 3 Dec 2008)
- Training on ***Investigation of New drugs and Clinical Trials in Drug***, Chakshu Research Inc, Los Gatos California USA, (From Feb 2007 to April 2007)
- Training of Trainers on ***Qualitative Method and Data Analysis Process*** for 5 days by Nepal Health Research Council (NHRC)
- ***IMCI Supervisory level Training*** for 5 days by CARE Nepal
- ***TB Modular Training*** for 7 days by JICA
- Training of Trainers on ***Partnership Defined Quality*** for 3 days by CARE Nepal
- Training on ***Right Based Approach*** for 4 days by CARE Nepal
- Training on ***Performance Management*** for 2 days by CARE Nepal
- Master ***Training of Trainers*** for 7 days by CARE Nepal

Experience of working as consultant:

- ***National Consultant for WHO*** (Provide Technical support to Government of Nepal for strengthening Telemedicine for COVID-19 Response through establishing provincial and central Telemedicine Centers (from Jan 2021- May 2021 and July –Dec 2021)
- ***Consultant for FHI 360*** to Conduct and support COVID-19 Prevention and Management activities jointly with Ministry of Health and Population) (i.e. Conducting regular live discussion series, Developing COVID-19 related job aid for different group of Population at risk, support to conduct Interactive Voice Response, Prepared COVID-19 related training materials for online training and Support to establish the hand washing station at different part of Country, Support to organize Essential Critical Care Training (ECCT) in close coordination with NHTC) (from July 2020 to April 2021)
- ***Consultant for FHI 360*** for Reviewing and preparing the consolidated guideline on Prevention, treatment, care and support service of HIV Program (From Dec, 2019 to Feb 2020)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the final evaluation of the project "Promote SRH Rights among policy makers, Comprehensive Sexuality Education/Gender Equality and empowerment of youth and women integrated sexual and reproductive health services, knowledge management insirect cost" Implemented by Family Planning Association Nepal (FPAN), (From Dec-Jan 2022)

- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the final evaluation of the project "Capacity Building of Autism Care Society for not let children with Autism Left Behind, and Autism Care Support and Capacity Building Program" Implemented by Autism Care Nepal Society (ACNS), (From Sep-Oct 2022)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the final evaluation of the project "Support for International Family Planning Organization 2 (SIFPO2)" Implemented by Marie Stopes International (MSI), Nepal (From Jan-March 2019)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the Mid-term evaluation of the project "Gandaki Dhaulagiri Eye Care Program" supported by Eye Care Foundation and implemented by Himalaya Eye Hospital (From Nov 2018-January 2019)
- ***Consultant for CARE Nepal*** for the End-line survey of Strengthening Approaches for Maximizing Maternal, Neonatal, and Reproductive Health (SAMMAN) Project conducted in Kailali, Doti, Dadeldhura, Kavre and Sindhuli Districts of Nepal (From September- November 2018)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the Mid-term evaluation of the project "Comprehensive Leprosy and Disability Program in Nepal" supported by The Leprosy Mission Nepal (From March 2018- May 2018)
- ***Consultant for Save the Children (Global Fund) in Nepal for the Development of Training Manual for the roll out of Community Led HIV testing in Nepal (15th Feb- 14th March 2018)***
- ***Consultant for Care International in Nepal*** for the developing the Nutrition and Health Strategy for Adolescent (targeting ASRH, Nutrition and WASH) to support Suaahara II project in Nepal (From 9th Oct 2017- 30th Nov 2017)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the Mid-term evaluation of the project "Strengthening Approach for maximizing Maternal, Neo-natal and Reproductive Health (SAMMAN)" project supported by Care International in Nepal. (From Oct 2017- Dec 2017)
- ***Consultant for Ipas Nepal*** for the assessment and documentation of Partnership Defined Quality for Youth (PDQ-Y) approach in Nepal (From Dec 2016- June 2017)
- ***Administrative Coordinator for Flaming Fund/Mott MacDonald UK***, for exploring the status of Anti-Microbial Resistance (AMR) in Nepal (From Feb 15- March 15, 2017)
- ***Team Leader for Social Welfare Council (SWC) Nepal*** for Conducting the evaluation of the project "Emergency WASH Interventions in Internally Displaced People's (IDP) camps and Remote VDCs of Kathmandu and Lalitpur District" (From Jan 2017-

- April 2017)
- **Consultant for Population Services International (PSI)**, to develop Research protocol and tools for SWACCHATA project (From Aug-Sep 2016)
 - **Consultant for UNICEF**, working under Public Health Administration Monitoring and Evaluation Division, MoH for the **Preparation of e-health strategy** (From Jan 2015- Sep 2015)
 - **Team Leader**, (From 2014 Dec- Feb,2015), Preparation of Training manual for Master Trainers on National Immunization Program, supported by WHO
 - **Research Information and Documentation Consultant** (From 2009 November to August 2010), Tilganga Institute of Ophthalmology, Gaushala Kathmandu
 - **Technical Consultant**, End line Survey of "Himalayan Childhood Blindness and Eye Health Initiative" Project conducted by Tilganga Institute of Ophthalmology, Kathmandu and Himalayan Cataract Project USA and supported by USAID, A2Z and AED (From 1st April to 7th July 2010)
 - **Training Coordinator**, “Zinc Treatment for Childhood Diarrhea”, supported by UNICEF and Child Health Division DoHS (From February 2010-March 2010)
 - **CB-IMCI Training Coordinator** for Illam and Dolakha District (From January 2009- August 2009)
 - **Consultant for CARE Nepal** (From May 2005 to August 2005) Evaluation of the Health service provided from the health facility after Decentralized Management in Kanchanpur District
 - **Health Trainer** (From December 2002 to January 2004) Prasamsha Samrakshan Samuha, Kathmandu

Publications:

- Chandra, R., Supehia, S., Nath, B., Chhetri, C., Kumari, R., Joshi, K. D., Sharma, R., Chaudhary, J., Joshi, K., **Bhatta, R** & Bhatt, C. R. (2022). Effects of sanitation and hygiene perceptions on international travellers’ health, travel plans and trip experiences in India. *Frontiers in Public Health*, 10:1042880
- Experience of water, sanitation and hygiene (WASH) in Nepal and its relationship with international tourists’ health, travel plan and experiences, 2020 (Principal Investigator, supported by NHRC)
- Llop-Gironés, A., Vračar, A., Llop-Gironés, G., Benach, J., Angeli-Silva, L., Jaimez, L., Thapa, P., **Bhatta, R.**, Mahindrakar, S., Scavo, SB., Devi, SN., Barria, S., Alonso, SM., & Julià, M. (2021). Employment and working conditions of nurses: where and how health inequalities have increased during the COVID-19 pandemic?. *Human Resources for Health*, 19(1), 1-11.
- Karki, R., Paudel, B., Chaudhary, A., **Bhatta, R.**, Shah, SK., Khanal, J. (2022). Prevalence of Geriatric Depression and Associated Factors in

- Kalika Rural Municipality of Rasuwa District, Nepal. *International Journal of Health Sciences and Research*, 12(1), 188-194.
- Thapa, P., **Bhatta, R.**, Khanal, J., & Chaudhary, A. (2021). Emotional Intelligence among the Health Care Providers Working in a Tertiary Level Hospital. *CURRENT ISSUES OF MEDICINE AND MANAGEMENT*, 2 (22), 46-53.
 - Shah, S.K., Duwal, S.L., Shah, R., **Bhatta, R.**, Karki, R., Chaudhary, A. (2021). Health risk behaviour among adolescent students in higher secondary school of Kathmandu metropolitan city, Nepal. *Int J Community Med Public Health*, 8, 2637-42.
 - Sah, R., Bhattarai, M., Pradhan, B. L., Shrestha, S. L., Lohani, B., & **Bhatta, R.** (2020). Computed Tomographic Assessment of Renal Volume and Its Associative Factors Among Adults. *Journal of Nepal Health Research Council*, 18(4), 719-723.
 - **Bhatta, R.**, Godar, S., & Aryal, K. (2019). Knowledge and practice regarding the use of emergency contraception among the higher secondary students of Nepal. *International Journal of Community Medicine and Public Health*, 6(7), 2751-2754.
 - **Bhatta, R.**, Shrestha, R., Shah, S. K., Karki, R., Chaudhary, A., Gupta, R. K., & Aryal, K. (2018). E-learning among health science students of Nepal. *International Journal of Community Medicine and Public Health*, 5(12), 5041-5044.
 - **Bhatta, R.** (2015). Public Health Education in Nepal. *Journal of Nepal Public Health Association*, 6 (2), 53-59.
 - **Bhatta, R.** (2015). Telemedicine and e-health in Nepal. *Journal of Nepal Public Health Association*, 6 (1), 41-46
 - **Bhatta, R.**, Aryal, K., & Ellingsen, G. (2015). Opportunities and Challenges of a Rural-telemedicine Program in Nepal. *Journal of Nepal Health Research Council*, 13(30), 149-53
 - Curriculum on Pediatric Primary Eye Care Training for Community Volunteers, 2009

Research Work:

- International Survey of Child birth-Related Trauma (Co-Investigator)
- Use of Tele-health and telemedicine interventions for the Prevention and Management of COVID-19, its effectiveness and limitations in Nepal (Provincial grant 2021, awarded by NHRC)
- Health promoting activities among the middle aged adults living in the peri-urban communities of Kathmandu.
- Factors associated with enrollment of Household in social health insurance program at selected wards of Tansen Municipality, Palpa.
- Evaluation of the Rural-Telemedicine program in Nepal, study from the selected districts (Principal Investigator).
- Sexual behavior and risky practices among the Men who have sex with Men (MSM) of Kanchanpur district (Principal Investigator)

- Assessing the Guardian Satisfaction with Pediatric Patient Care at Tilganga Eye Center, 2009 (Investigator)
- Social and Health Status of Elderly Population in Far-western Region, 2008-2009 (Principal Investigator, Supported by NHRC)
- Nutritional Health Status of grade one children; a Cohort study from Kathmandu Metropolitan City, 2008-2009 (Investigator)
- Quality of Reproductive Health Service provided at PHCCs in Nepal, 2007(Principal Investigator, supported by NHRC)
- Service Utilization of Health Facilities after Handed over to Local Government in Kanchanpur District, 2006 (Principal Investigator, supported by CARE Nepal)
- Assessing the Knowledge and Practice on HIV/AIDS among the Barbers of Kathmandu (2003)