





PERSONAL INFORMATION

Sunita Dhungel



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Date of birth 04-07-1987 | Nationality Nepalese

WORK EXPERIENCE

01-08-2018 to 30-07-2022

Secretary

Nawa Aayam Nepal, Kageshwori Manahara-8, Ktm, Nepal

Project design, program planning, monitoring, evaluation and prepare report.

18-03-2016 to 01-12-2016

Research Assistant

20-02-2015 to 14-11-2015

University of Southern Denmark, Esbjerg , Denmark/ Princess Nora University, Riyadh, Saudi Arabia

Facilitation and preparation of group activities, Preparing of teaching manuals, Supervising the students, Preparing portfolios for the course, Maintaining the staffs and students resource folders.

15-08-2014 to 15-10-2014

Intern

Philippines Mental Health Association, Cabanatuan city, Philippines

Participation on different seminars conducted by PMHA. Conduction of the workshop. Conducted a qualitative study on situational analysis of mental health services in the city of central Philippines.

01-11-2011 to 15-08-2013

Head of Department of General Medicine Program

Shankarapur health science college

Jorpati, Kathmandu, Nepal

Coordinate with class coordinators of General Medicine for developing annual calendar of the program. Develop master plan. Monitor the progress of students. Conduct meeting with class coordinators and lecturers. Coordinate with the organisation for field visit of students. Supervise the activities of class coordinators and lecturers. Co-ordinate with guardian of students about their progress in studies. Disseminate progress report of overall performances of students and teachers to the college principal.

Business or sector Educational Institution (Health Assistance, Nursing and Lab technician)

01-11-2011 to 15-08-2013 **Course Instructor- Epidemiology and Environmental Health**

Shankarapur health science college

Jorpati, Kathmandu, Nepal

Prepare classes, facilitate the classes, develop questions and supervise the examinations and manage the periodic field visits for the students

Business or sector Educational Institution (Health Assistance, Nursing and Lab Technician)

01-03-2010 to 30-05-2010 **Research Assistant**

Centre for Research on Environment, Health and Population Activities

Kusunti, P.O Box 9626, Lalitpur, Nepal www.crehpa.org.np

Maintain communication activities; develop and facilitate to implement different qualitative tools like Focus Group Discussion, In depth Interview (IDI) at field level; develop IEC/BCC materials. Facilitate the focused group discussion, in-depth interviews.

Business or sector Non -governmental organisation (NGO)

15-08-2008 to 30-02-2010 **Assistant Program Officer**

Nepali Technical Assistance Group

Maitighar, P. O Box 7518, Kathmandu, Nepal www.ntag.org.np

Coordination and networking with state and non-state stakeholders; Provide technical support in designing and conducting various orientation and interaction programs to local partners (NGOs, CBOs); and with government; Design orientation manuals and guidelines and report writing; Worked as a trainer on pilot project of Newborn Vitamin A dosing and different qualitative and quantitative researches.

Business or sector Non -governmental organisation (NGO)

EDUCATION AND TRAINING

01-09-2013 to 04-11-2015 **Master of Science in Public Health**

EQF level 7

University of Southern Denmark, Esbjerg (Denmark)

Public health issues in 21st Century- global burden of diseases with their pattern, Public health policy and administration, Global health- health in global perspective with different intervention strategies, Bio-statistics, Health care evaluation

techniques, Advance Epidemiology, Global Harmonization and policy, Global health research and Thesis

01-09-2009 to 30-08-2011 **Master of Arts in Sociology** EQF level 7

Tri-chandra Campus, Tribhuvan University, Kathmandu (Nepal)

Perspectives on Sociology and Anthropology; Research Methodology; Power and Politics; Society, Culture and health; Thesis

15-10-2005 to 30-09-2008 **Bachelor of Public Health** EQF level 6

Nepal Institute of Health Sciences (NIHS), Purbanchal University, Kathmandu (Nepal)

Anatomy and Physiology, Pharmacology and Biochemistry, Basic and Applied Epidemiology, Biostatistics, Health Education and Health promotion, Child Health, Family Health, Health Economics, Policy and planning, Medical Sociology and Anthropology, Community Diagnosis, Comprehensive Field Practice, Research Methodology, Health System Research and Thesis

PERSONAL SKILLS

Mother tongue(s) Nepali

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C2	C2	C2
IELTS Test					
Danish	A2	A2	A1	A1	A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

Common European Framework of Reference for Languages

Communication skills

Team spirit; gained through working in research and project activities; Good Communication skills gained through interaction with various stakeholders, participation in workshops, seminars; Good ability to adopt in multicultural environments as I have worked in various places of country and at international context (Philippines, Denmark, Saudi Arabia) too.

Organisational / managerial skills	Leadership skills; Project management skills; Co-ordination skills; Time management.
Job-related skills	Good trainer; Good Inter-Personal Relationship (IPR) skill; Good command in conducting research and report writing.
Computer skills	Good command of Microsoft Office tools (Word, Excel and PowerPoint) Good command of computer statistical applications (SPSS, Epi-Info, STATA, Endnote)

ADDITIONAL INFORMATION

Honours and awards	<p>Danish State Scholarship for MSc in Public Health by University of Southern Denmark.</p> <p>Nanda Lal Jagateshwori Award by Kathmandu Institute of Science and Technology.</p> <p>SLC Excellence Award by Mutual Academic Activities Forum.</p> <p>VDC Topper Award by Srijansil Sanskritik Samaj of Gothatar VDC.</p>
Trainings	<p>Training Of Trainers (TOT) conducted by Council of Technical Education and Vocational Training; Various trainings on child nutrition conducted by NTAG; Various trainings on Maternal and Child Health conducted by CREHPA; PLA/PRA training by Nepal institute of health science; Training on HMIS training conducted by DHO, Tanahu on March , 2008.</p>
Principle Researcher	<p>“Status of Intimate Partner Violence and Mental health problems among factory workers women in Kathmandu.” (Published)</p> <p>“Situational Analysis of Mental health care services in the city of central Philippines.”</p> <p>“Socio-economic factors affecting drug addiction among the addicted youths admitted in rehabilitation centres in Kathmandu.”</p>

References

Christiane Stock
 Head Of Department, Unit of Health Promotion, University of Southern Denmark
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 Prem Prasad Panta
 Associate Professor, Nepal Institute of Health Science, Boudha, Kathmandu
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