

Curriculum Vitae

Chet Raj Pandit
Badimalika 01, Bajura
Contact no: +977-9841782947
+977-9818161746
chetrajmph@gmail.com



Carrier Objectives:

- To develop and enhance the carrier in public Health sector and health research.

Academic Qualification:

S.N.	Degree	Board	College	Passing year	%	Major subjects
1.	MPH	RajibGhandi university of Heath science, Bangalore	Padmashree School of Public Health	06 March 2014	72	Public health, Biostatistics, epidemiology, applied Epidemiology, Biochemistry, Parasitological, Toxicology, Bio-stat, Medical Sociology and Anthropology , Basic and the Applied Health Education, Basic and applied Environmental Health, PHA, SM, HRD, Health research,
2.	BPH	Purbanchal University	Little Buddha College, Ktm.	18 June 2012	73	Public health, Microbiology, Basic and applied Epidemiology, Biochemistry, Parasitological, Toxicology, Bio-stat, Medical Sociology and Anthropology , Basic and the Applied Health Education, Basic and applied Environmental Health, PHA, SM, HRD, Health research, Basic and the applied Family health, Mental health, Dental health, Gerontology, food and nutrition.
3.	HA	CTEVT	Bagshawor Academy for Health Science, Dhangadi.	23 Novem ber 2005	64	Basic Science, Math, Physics, Chemistry, Biology, Anatomy and Physiology, Basic medicine, Basic Surgery, BMP, First aid, Pathology, Gynecology and Obs., Food and nutrition, mental health, dental health, dermatology, ophthalmology, HM, PHC, HE, EH, Epidemiology

etc,

4	SLC	HMG	Shree Jalpa Devi, Bajura	24 August2002	46	English, Nepali Math Science.
---	-----	-----	--------------------------	---------------	----	-------------------------------

Working Experience:

S.N.	Post	Organization	Duration	Duties and responsibilities
1	Training chief	ICH, Tinkune, ktm	2005-11-16 to 2009-11-17	<ul style="list-style-type: none">• Manage overall CMA training program as the post of training chief.• Conduct weekly, monthly, annually staff meeting for the better performance of the organization.• Update all the records and keep it safe.• Manage all the evaluation system of student, field visit, clinical field and OJT.• Coordinate with other educational institution, CTEVT, NHPC, Government health institution, NGO, INGO for the better performance of the institution.• Keep good relation with subordinate and other staffs.• Annual SWOT analysis of institution.• Coordinate and conduct research on different health related topics.
2.	WASH consultant	Save the children	2009-08-10 to 2009 -12-15	<ul style="list-style-type: none">• Work closely with DDRC, District Health office and WASH cluster to intervene WASH intervention in Jajarkot District.• Develop, work with WASH related ccoordination in the Jajarkot District• Work closely with Nepal red cross society Jajarkot.• Support SC local partner to implement designed WASH program in target area.• Monitor and prepare weekly sitrap of WASH program in regional and Kathmandu office.• Assess emerging WASH related need in Jajarkot district make plan with SC local partner and send regional office for the further funding.• Represent SC in DDRC, RRT, CRT and WASH cluster in Jajarkot District.

				<ul style="list-style-type: none"> • Prepare child focus case study and sent to Nepaljung and Kathmandu weekly. • Work with joint monitoring team to monitor the WASH program in Jajarkot. • Frequent field visit to ensure WASH program is running are plan. • Assess number of the orphan children and other protection related need and report to regional office.
3.	Assistant lecture	Himal Dental Hospital and Institute of health science,Chabel, ktm	2011-07-17 to 2012-10-16 (part-time)	<ul style="list-style-type: none"> • As a lecture of Environmental Health for CDS second year. • Manage field based practical of environmental health like water purification, waste management, food hygiene etc. • Lecture of health office management for CDS third year
4.	Assistant lecture	MMIST college, Pulchowk Lalitpur.	2011-11-17 to 2012-10-16 (part-time)	<ul style="list-style-type: none"> • As a lecture of Environmental Health for HA second year. • Manage field based practical of environmental health like water purification, waste management, food hygiene etc. • Assist and coordinate CHD and the clinical field of HA third year student.
5.	AHW	DHO, Kavare	2014-05-05-2015-10-01 permanent	<ul style="list-style-type: none"> • As a post of BirtaDeurali HP in charge. • Planning, implementation. Evaluation of national health program at VDC level. • Overall management of sub health post and its activities • Coordination with local governmental institution and DHO, DHS, NGO\, INGOetc • Participation of different training and seminar • Planning, implementation and evaluation of Birthing center
6.	Lecture	Velly college of technical science Kathmandu Neapl	2015/07/17 to till now(part-time)	<ul style="list-style-type: none"> • I am working as a part time public heath faculty member in this college • Major recording and reporting in this post is monitoring and monitoring and evaluation of BPH student

				<ul style="list-style-type: none"> • Evaluation of student performance in two subject introductions to public health and Applied Epidemiology and send the evaluation to department. • Conduct the Term paper presentation and report to Department of Public health. • In this post need more conceptual and human skill but low technical skill.
6. Health Assistant	District public health office, Bukhel post Lalitpur Nepal	2015/10/02 to 2016/11/12		<ul style="list-style-type: none"> • I am work as the health post and birthing center in-charge. • Planning of health-related program and project. • Organizing the health post related activities • Intra-sectoral and inter-sectoral Coordination • Managing staff motivation. • Directing the higher performance of staff. • recording and reporting of according to the HIMS system of Nepal • Overall management of health post and birthing center. • supervision, monitoring, evaluation of health program
7. Health Assistant	Department of health services, Family health division	2016/11/12 to	AS a focal person of FP and ASRH program	<ul style="list-style-type: none"> • Planning of health-related program mostly family health related program • Intra-sectoral and inter-sectoral Coordination • Supervision and monitoring of National family health program like FP, SM, ASRH, FCHV, PHCORC and Demographic and research. • implementation of red book program of government of Nepal. • national level annual budget planning of FHD program • conduction of national MTOT in FHD program • I have three kinds of skill in handling the family health program that is Conceptual skills, human skill and

				<p>technical skill</p> <ul style="list-style-type: none"> • Help annual planning of budgeting of family health related program • as a Master trainer of the FP micro planning MTOT • As a trainer of DMT tool and MEC wheel. • As a master Trainer of FP EPI integration program. • Planning Implementation and evaluation of the National ASRH program • Quality improvement of the ASRH program like AFS Certification
8. Public health Inspector	Budhanilkantha Municipality	2019/07/17til now permanent		<ul style="list-style-type: none"> • I am work as thehealth post in charge in KhadkhaBhdrakali health post under Budhnilkantha municipality • Planning of health-related program and project in municipality • Organizing the health post related activities • Intra-sectoral and inter-sectoral Coordination • Managing staff motivation. • Directing the higher performance of staff. • recording and reporting of according to the HIMS system of Nepal • Overall management of health post and birthing center. supervision, monitoring, evaluation of health program • Planning, organization and implementation of public health related program such as family planning ASRH Safe motherhood child health vector born disease control • Management of covid 19 Pandemic by enhancing public health measure and effective management of vaccination to the public • Evaluation of healthrelated program run by municipality and make necessary action for correction.

Computer Knowledge:

- Diploma in Computer Application: Ms-word, Ms-excel, Ms-access and Email, Internet.
- Good knowledge on PowerPoint, SPSS, Strata, DIHS2

Training, seminar and workshop:

- Master trainer of FP Microplanning
- Master trainer of FP EPI Integration
- Master trainer of DMT tool and MEC wheel
- I.P. training for 2 day conducted by Seti zonal Hospital
- ToT Training for 15 day conducted by TITI, CTEVT
- Health management training for 3 days conducted by ICH
- PRA/RRA training for 2 days conducted by Little Buddha College of Health Science.
- Leprosy training for Basic health workers for 7 day Leprosy mission Nepal, Anandaban Hospital in Lele Lalitpur.
- Different training conducted by DHO Kavare and DPHO Lalitpur
- Gender and Population management training conducted by DHO Kavare.
- In Relation to Nutrition MINYCF 5 day long and NYCF 4 day long conducted by DPHO Lalitpur
- 4 day long Injuries management training coordination by DPHO Lalitpur.
- 6 day long CB-IMNCI training conducted by DPHO Lalitpur.
- 3 day long HIMS training conducted by DHO, Kavare.
- 5 day long TB modules training conducted by DPHO Lalitpur.
- 6 day long STATA training conducted by FHD
- 7 day Long training on DIHS2 conducted by MD, DoHS
- 5 day long Basic psychosocial training conducted by FWD
- 3 day long workshop on Health system strengthening (HSS) conducted by USAID in Lagimpat
- WASH related seminar conducted by Save the Children in Nepaljung (3 days long).
- HRH Quality assurance meeting conducted by NHPC in Sansaha Hotel in Kathmandu (1 day long)
- Seminar on New Tobacco Act 2068 conducted by NHEICC Teku Kathmandu (1 day long)
- 15 day long workshop in SEARCH Gudchurali, Maharashtra, India
- 7 day long workshop in Karuna Trust Chhamrajnagar district, Near Mysore Karnataka India
- 10 day long workshop in CRHP, Jharkhand Maharashtra, India.
- 4 day long family planning workshop conducted by FPAN in Dulikhel lodge resort.
- 3 day long workshop on Health system strengthening (HSS) conducted by USAID in Lagimpat
- 6 day long DIHS2 workshop conducted by JIZ, HISP India in collaboration with the MD, DOHS in Barahi hotel Pokhara
- 1 day DMT Tool and MEC wheel workshop conducted by WHO in Annapurna hotel Kathmandu

Research and field related work:

- Community health practices in Vajeni VDC in Kailali district during H.A study period 2061
- Community health field practices in Tagring VDC in Lamjung district in BPH 2 nd year field practices
- Comprehensive district health management practices in Baglung district
- Research on **“knowledge of condom use in prevents HIV&AIDS among migrant works at Tribhuban internal airports Kathmandu Nepal”**.
- Research on **“Study On The Chhaupadi And Delivery System On Misconceptions On Menstruation And Delivery And Their Effect On Women“S Health In Bajura, District In Nepal”**
- **Managing "National conference on family planning" as a logistic subcommittee head**

Conference attend

- Attended global public health conference conducted by SRM University at Chennai, Tamilnadu India.
- Paper presented at “First National Population Conference 2014” held in Solty hotel, Kathmandu, Nepal from 5-7 June 2014 **“Study On The Chhaupadi And Delivery System On Misconceptions On Menstruation And Delivery And Their Effect On Women“S Health In Bajura, District In Nepal”**
- Paper presented at 'First National Summit of Health and Population Scientists in Nepal' being held on 11-12 April 2015. Kathmandu Nepal **“Study On The Chhaupadi And Delivery System On Misconceptions On Menstruation And Delivery And Their Effect On Women“S Health In Bajura, District In Nepal”**
- Attended Forth National Summit of Health and Population Scientists in Nepal' 2018
- Attended FP2020 third asia regional focal point meeting in Kathmandu, 2018
- Attended MHM workshop in Kathmandu Nepal' 2018
- Paper presented at "National conference on family planning" being held on 18-19 March 2019, Kathmandu Nepal. **"Assessment of the Integration of Family Planning & Expanded Programme of Immunization (EPI) in Selected Districts of Nepal 2017"**

Research publication

- Research article published on SCIENCE DOMAIN international journal **“Assessing Health Education Techniques in Enhancing the Knowledge of HIV/AIDS among Adolescents”**
- Research article published on First National Population conference Bulletin book **“Study On The Chhaupadi And Delivery System On Misconceptions On Menstruation And Delivery And Their Effect On Womens" Health In Bajura, District In Nepal**
- Prepare and finalized and publish **RANM Refresher Orientation with MNCH and Social Norms**
- Research article published on National conference family planning Bulletin book **"Assessment of the Integration of Family Planning & Expanded Programme of Immunization (EPI) in Selected Districts of Nepal 2017**

Management capacity and Personal Skills:

- Managing health post as a health post in charge in Kavare and Lalitpur district
- coordination and communication capacity at national level when working in family welfare division, DoHS
- Leadership ability on managing National conference of FP at a role of *chair of Logistic Management subcommittee*
- Team working ability to conduct the national level workshop, training, orientation and seminar in the country.
- Research, field working, and report writing ability in conducting different research and writing report on family welfare program at national level.

- Curative health service.
- Proper handling skill on MS Package
- skill on handling of Strata and DIHS2
- Managerial and Administrative ability
- Co-ordination and Co-operation Skill
- Leadership Skill
- Communication Skill.
- Team working ability
- Research and field working
- Motor bike riding ability
- skill on handling of SPSS, Strata and DIHS2

Memberships and professional affiliation:

- Currently working as a post of treasurerin Nepal public health Association (NePHA)
- Life member of Nepal public health Association (NePHA)
- Life member of Nepal health assistant association
- Life membership in Nepal health professional council (NHPC)

Personal Details:

Date of Birth : 8thAshad 2042 (22, June 1985)
Nationality : Nepali
Marital Status : Married
Hobby : Playing Volleyball, swimming, Football, Cricket etc
Language : Nepali, English, Hindi, Doteli
Permanent Address : Pinalekhha ,Badimalika 01, Bajura, Nepal
Contact Address : chetrajmph@gmail.com +977-9841782947

Note: I am permanent resident remote district Bajura this district is 75positions out of 75 districts of Nepal in Human Development Index (HDI). I am also first H.A,B.P.H, and MPH in my district.

Reference

S.N	Name	Post/Organization	Contact
1	Mrs KabitaAryal	Section chief FP &RH, FWD,DoHS	9851227991bitak006@gmail.com
2.	Mr. Netra Bhatta	Health adviser/ USAID	9851016645nbhatta@usaid.gov
3.	Dr. Rajendra Gurung	FP Expert Freelancer	9851088394 rajendra@nhssp.org.np

Signature



Date 2022/11/27