

RESUME

PERSONAL DETAILS:-

Krishna Rajak

S/o Phuleana Rajak

Date of Birth : 01-08-1990
Sex : Male
Marital Status : MARRIED
Nationality : Nepali
Contact Detail :Mechingar-10, jhapa, Nepal

Home Address : Mechinagar-10, jhapa, Nepal
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OBJECTIVE:-

Experience & learning of 6 years in the field of Optometry. I am looking forward for a challenging job of the optometrist in the presumed organization.

Academic Qualifications:

- 10th from Nepal, with 68 % in the year 2007
- 12th from Nepal from science extreme, with 46% in the year 2009
- BSc in optometry and ophthalmic techniques from national institute of medical sciences,Jaipur with 69 % in the year 2015
- Msc in optometry from Himalayan University, itanagar, aruranchal pradesh, india.



Working experience:

- Global Hospital Institute of ophthalmology
- B & C Teaching Hospital

Clinical Skills:

- Vision Testing of various age group patients
- Retinoscopy & Refraction (Dry & Cycloplegic)
- Orthoptic Examination and evaluation of squint, Explain Exercises
- A-Scan Biometry & IOL Calculation
- Tonometry
- Auto Perimetry (Humphrey & Madmont)
- Funduscopy & Fundus Photography
- Local Anesthesia (Block)
- Equipment and OT maintenance
- Assisting Ocular Surgeries
- Organizing Cataract Screening & Refractive Error Screening Camps.
- Contact lens fitting
- Prescription of low vision aids.
- Councelling of the patients

Following tests can performed under supervision:-

- Slit lamp examination (anterior & posterior segment)
- Soft Contact Lens Fitting

Key Skills:

Check up the eyes and use instruments to verify the perception and visual acuity.

Examine the results of test and prepare the treatment plans.

Suggest the medication for the eyes.



Give information of contact lens, lighting arrangements, visual hygiene and other safety factors.

Give low vision rehabilitation and vision therapy.

Check the eyes to find out the nature of problems of eyes.

Carry out various test to decide visual acuity.

Made a diagnosis of color vision difficulty and glaucoma.

Treat the patients of various groups like adult patients and children.

Perform the other duties as necessary Recommend the ophthalmologist to the patients if necessary.

Language Known:

English

Hindi

Nepali

Hobbies:

Playing cricket, Table tennis, Traveling & Listening Songs & Music.

References:

Dr. V.K.Sharma, Sr.Consultant Ophthalmologist
Global Hospital Institute of Ophthalmology, Abu-Road.
Mobile no. 09414301102

Dr. Amit Mohan, Consultant Pediatric Ophthalmologist
Global Hospital Institute of Ophthalmology, Abu-Road.
Mobile no. 09414007945/ 07891768003

Mr.Sandeep Singh Eye Care Manager
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