

RESUME

Present Corresponding Address

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PROFESSIONAL SUMMARY:

Goal-oriented student currently completed a **Master degree in Public Health** at **Parul University**. Passionate about promoting and improving public health. Effective at managing administrative needs and providing exceptional service to people of all backgrounds. Motivated Public Health well-versed in current public health concerns and needs of different demographic groups. Assists with projects, campaigns and special events. Proficient in gathering public health data, updating spreadsheets and writing internal and external communications to support and enhance organizational objectives.

PERSONAL SKILL:

- Outreach initiatives
- Awareness campaigns
- Social media outreach
- Database updates
- Administrative support
- Community education
- Research abilities
- Presentation skills
- Prevention strategies
- Community outreach
- Program support
- Health education classes
- Teamwork
- Responsible Collaboration

EDUCATION:

➤ 7/2020-----7/2022

Parul Institute of Public Health
Vadodara, Gujarat, India
Master in Public Health

➤ 7/2015----- 7/ 2018

Thakurram Multiple Campus (T.U)
Birgunj, Nepal
Master in Sociology

➤ 7/2007---- 7/ 2011

NSHM College of Management & Technology (WBUT)

Durgapur, West Bengal, India

Bachelor in Optometry

➤ 5/2003- 7/2005

Bihar Intermediate Education Council

Patna, Bihar, India

Intermediate of Science

➤ 7/2000--- 8/2002

Juddha Secondary School (Nepal Board)

Gour, Rauthaut, Nepal

School Leaving Certificate (SLC)

EXPERIENCE:

Harion Municipality, Health & Social Development Section, MOHP, Nepal: RESEARCHER

Harion, Sarlahi, Nepal

12/2021---3/2022

Researched title “**Stigma among recovered COVID-19 patient during pandemic in Harion Municipality, Sarlahi District, Nepal**”

- Engaged members of public in available resources through friendly and knowledgeable support.
- Helped develop community awareness and outreach programs targeting specific demographics or health issues.
- Gathered, organized and analyzed data on public health concerns.
- Provided extensive clerical support to manage correspondence, files and communications.
- Assisted with development of improved seminars and training materials.
- Taught health education classes for community workers and members of public.
- Promoted available resources and connected individuals with services.
- Continually improved knowledge, skills and performance based on feedback and self-identified professional developmental needs.
- Gave public talks on importance of health education and specific disease prevention and treatment strategies.
- Administered job knowledge assessments and competency testing for certification-level training.
- Actively listened to customers' requests, confirming full understanding before addressing concerns.
- Eliminated downtime and maximized revenue by providing top project quality control.

SAHAYOG SAMITTEE NEPAL(SS Nepal): PUBLIC HEALTH INTERN

Kaliya, Bara, Nepal

4/2021--5/2021

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- Administered job knowledge assessments and competency testing for certification-level training.
- Actively listened to customers' requests, confirming full understanding before addressing concerns.
- Eliminated downtime and maximized revenue by providing top project quality control.

Mayfield Specialist Hospital: OPTOMETRIST

Abuja, Nigeria, Africa

10/2018-2/2019

- Leveraged full field of optometric instruments and equipment to determine patient visual acuity, amplitude of accommodation and refractive state.
- Referred patients with indications of pathological condition to ophthalmologist for additional examination.
- Calculated proper prescription employing formulas for single corrective lenses, contact lenses, prisms, aniseikonia and aphakic lenses.
- Interviewed and examined patients with full range of vision problems and consulted medical charts to assist with diagnosis.
- Examined, diagnosed and managed diseases and disorders of eyes and associated structures.

National Medical College & Teaching Hospital: Senior OPTOMETRIST

Birgunj, Nepal

7/2011-5/2018

- Leveraged full field of optometric instruments and equipment to determine patient visual acuity, amplitude of accommodation and refractive state.
- Referred patients with indications of pathological condition to ophthalmologist for additional examination.
- Calculated proper prescription employing formulas for single corrective lenses, contact lenses, prisms, aniseikonia and aphakic lenses.
- Interviewed and examined patients with full range of vision problems and consulted medical charts to assist with diagnosis.
- Examined, diagnosed and managed diseases and disorders of eyes and associated structures.

SPECIALIZATION:

Contact Lens/ Spectacle Dispensing

Sound Knowledge of diagnosis and treatment of anterior-segment related diseases

SEMINAR & CONFERENCE ATTEND:

1) GRADUATE OPTOMETRIST ASSOCIATION CONFERENCE -2009 (KOLKATA)

2) 34TH ALL INDIA OPTOMETRIST CONFERENCE (AMRITSAR)

- 3) CONTACT LENS FITTING (GOUR EYE HOSPITAL)
- 4) GRADUATE OPTOMETRIST ASSOCIATION CONFERENCE -2010 (KOLKATA)
- 5) 11TH ALL INDIA OPTOMETRY CONFERENCE (KOLKATA)
- 6) SEMINAR AT VISION THERAPY AT NSHM DURGAPUR (2010).
- 7) ESO INTERNATIONAL VISION SCIENCE & OPTOMETRY CONFERENCE -2010 (CHENNAI).
- 8) FIRST ALL NEPAL OPTOMETRIST CONFERENCE-ANOC'18 (KATHMANDU, NEPAL)

DISSERTATION:

Researched title “**Stigma among recovered COVID-19 patient during pandemic in Harion Municipality, Sarlahi District, Nepal**”

PERSONAL DETAILS:

FATHER'S NAME: ShashiKant Singh
(Public Health Officer, Harion Municipality)
DATE OF BIRTH: 13th NOV 1986 (2043-07-27 B.S.)
NATIONALITY: Nepali
MARITAL STATUS: Married
LANGUAGES KNOWN: Nepali, Bhojpuri, Bajika, Hindi, English, Bengali, Tamil, Nepali
HOBBIES: Internet Surfing

DECLARATION

I hereby declare that all the information furnished above is correct and true to the best of my knowledge.

PLACE: Gaur 2, Rautahat
DATE:

(.....)
Rajnish Kishore