



# Sagun Paudel

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## Summary

I am an MPH graduate, highly passionate, motivated and resourceful youth with seven years of professional experience in the field of public health in Nepal.

I am Interested in Health System, Implementation Research, Health Informatics, Public Health Program Management, Public Health Activism [Inform, advocate, promote and, motivate health professionals] and all concurrent issues in the public health sector.

For more information;

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## Experience

### **Technical Advisor, Policy Strategy and Engagement**

US Pharmacopeia

Dec 2022 - Present (1 month)

The Technical Advisor-Policy Strategy & Engagement (PSE) will manage Promoting the Quality of Medicines Plus (PQM+) program (funded by USAID and implemented by USP interventions) to strengthen health products regulation policies and procedure and also design strategies, business plans to optimize local production and facilitate mobilization of resources for sustainability/resilience national regulatory authority in Nepal.

### **Blogger**

Public Health Update

Dec 2011 - Present (11 years 1 month)

Responsibilities;

Collecting and publishing jobs, opportunities for public health professionals

Collecting best practices, generating evidence from media and disseminating

Social media mobilization to disseminate health information

I am continuously working to inform, advocate, promote and motivate Nepalese health professionals by using the mobile application, website, social media, and website.

### **Human Resources for Health (HRH) Officer (Technical Position)**

World Health Organization

Jun 2020 - Nov 2022 (2 years 6 months)

Human Resource for Health (HRH) Officer (Technical Position under Health System Strengthening Program), Special Service Agreement, WHO Nepal [Based at Ministry of Health and Population Nepal]

July 2020 to till now.

[Provide technical assistance in the development and implementation of the Human Resource for Health (HRH) strategic roadmap in coordination with the Ministry of Health and Population (MoHP) Focal person, promote the use of HRH data in policy making and decision.]

## Senior Health Project Officer

IFRC/Canadian Red Cross

May 2020 - Jun 2020 (2 months)

Provide technical support to the Nepal Red Cross Society (NRCS) in implementation, monitoring and reporting of the Rural Emergency and Trauma Systems Strengthening (RETSS) Project. Support and actively work jointly with NRCS to achieve the project goals to improve the health and well-being of emergency and trauma patients by increasing the quality of emergency health services in health facilities and through increased evidenced-based advocacy for enhanced emergency and trauma interventions.

## Program Specialist

RTI International

Nov 2017 - Jan 2018 (3 months)

Following were the major roles and responsibilities but not limited to;

Provide guidance and technical assistance to municipal officials, ward committees and health facility staff to identify Quality improvement issues, gaps, mobilize resources and better serve communities with quality MNHCH/FP and nutrition services.

Coordinates with municipalities, wards and health facilities, and other key stakeholders for the implementation of activities.

Supports municipalities and health facilities to establish health facility quality improvement teams, improves the quality of services using QI tools and monitors implementation, including activities related to infection prevention and health care waste management.

Coordinates with District Manager of Social health security program for effective implementation of the program.

Provide necessary information about package, benefits, balance, amount, renewal date and other relevant information to insured members as mentioned in the social health security program implementation guideline.

Supports health workers in improving recording, reporting, analysis and use of service data and any other relevant data for effective program planning and implementation under Primary health care center leadership.

Collect baseline data related to Social health security program from allotted municipality and PHCCs as per instruction and templates provided by program and M&E team within an allocated timeline.

Collect and collate all reports including those received from program officers in other municipalities and send to M&E team within an allocated timeline.

Regular follow up with program officers from other municipalities within a district to ensure complete, consistent and timely reporting.

## Program Officer: Health Services

RTI International

Nov 2015 - Nov 2017 (2 years 1 month)

Health for Life Project, Nepal

Major responsibilities for this positions were; provide guidance and technical assistance to D(P)HO and health facilities, to identify QI issues, address gaps, mobilize resources and better serve communities

with quality FP/MNCH-N services Coordinates with D(P)HO, DDC, health facilities, district clinics/hospitals, HFOMCs and other key stakeholders for implementation of activities Provides technical assistance to D(P)HO in planning, implementing, monitoring and budgeting of QI activities Supports D(P)HO in establishing functionalization of district QAWC (Quality Assurance Working Committees) Supports D(P)HO and health facilities establishing health facility quality improvement teams, assists improving quality of services using QI tools and monitoring implementation of action(s), including activities related to infection prevention and health care waste management, and monitoring of these activities Supports D(P)HO and HF staff in transferring skills (coaching) to HF staff by implementing self-assessment approaches to improve quality of services Strengthens the use of data at the district and VDC levels for decision-making, and for improving quality and access Prepares H4L district-based reports and briefs as required; documents case studies, lessons learned and challenges at the district and sub-district levels. Works with specialists and advisors on specific technical issues to provide support to D(P)HO and to other district and sub-district structures Carries out activities as assigned by supervisor.



### **Health Assistant**

Government of Nepal (GoN)

Oct 2015 - Nov 2015 (2 months)

Recruited as a permanent staff of Government of Nepal from the Public Service Commission for the position of Health Assistant in District Health Office, Syangja and resigned from this position.



### **Program Officer**

Naulo Ghumti Nepal

Apr 2015 - Nov 2015 (8 months)

The main job responsibility for this position was planning, organizing, and management of community-based activities, orientation, and training programs. Recording and reporting of the activity (Fortnightly reporting, Monthly reporting, quarterly reporting, and quarterly narrative report), Conducting monthly meetings and collaboration meetings, staff management. Coordination and collaboration with key district stakeholder District Health Office, District AIDS Coordination Committee, Red Cross and other government and non-government organizations including beneficiaries' group.



### **Health Assistant**

Naulo Ghumti Nepal

Aug 2013 - Mar 2015 (1 year 8 months)

As a clinic In-charge in Saath Saath Project (Expanded Integrated HIV, STI, Family planning and Gender-Based Violence Prevention and Mitigation program), the primary responsibilities during that period were providing high-quality Essential Package of Care clinical services and provide positive prevention counseling, nutritional counseling, adherence to ART and counseling will greatly enhance EPC services, accurate diagnosis, and management of sexually transmitted infections following the SOPs and National Guidelines. Conduction of awareness-raising and behavioral change interventions through their outreach activities and targeted mostly to the Most at-risk population. VCT counseling, screening, and management of Gender-Based Violence Psycho-Social Counseling for GBV Survivors, Conduction of Support Group meeting for GBV Survivors. Screening for family planning services and provide comprehensive family planning service provision for clients, Provide Oral contraceptive Pills (OCPS), DEPO, Implant insertion and removal, and support Staff Nurse for IUCD insertion and removal as per need. Maintain logistic commodities, Recording of Recording reporting of Different ledgers, Preparation of monthly report of FP services, face sheets, family planning cards, reporting as per need,

Entry of Project Indicator Form (PIF), prepare Monthly HMIS report, preparation of Bi-monthly logistic, equipment reports. Assist in day celebrations, Community based training conduction and awareness campaigns.



## **Health Post Incharge**

### **Urban Health Group**

Apr 2012 - Jul 2013 (1 year 4 months)

As a Urban Health Post Incharge in Urban Health Post lekhnath-15, Kaski job responsibilities were; Planning, organizing, conduction of all the activities of Health Center, Coordination meeting with stakeholders, management committee, and other local level organization which directly or indirectly related to health, Regular conduction of Government programs; National Immunization Program, National Nutrition Program, CB-IMCI program, Safe motherhood Program, Family planning program, PHC ORC, Disease control Program, Health education, Information and communication Program, Supervise, monitoring of health staffs as well as female community health volunteers, coordination with different organizations and stakeholders, Plan, organize, and manage the National level Campaign programs, Participate in Training, workshops and other program as per need, Staff management, supervise, monitoring of Staff as well as Female Community Health Volunteers. Timely Recording and reporting for Illaka level as well DPHO, Monthly HMIS Report preparation and submission. Bimonthly logistic report preparation and submission. , Conduction of monthly meeting with Health Facility Organization and Management Committee (HFOMC), overall management of Health institution as per required.



## **Trainer**

### **Youth Power Nepal**

Jun 2011 - Jul 2012 (1 year 2 months)

Job Responsibilities were;

Plan, conduct and implementation of activities and programs related to HIV and AIDS prevention, treatment and care support inside the prison, Conduction of Peer educator Training in the issue of HIV/AIDS, STI, IDU, TB/HIV Confection, Condom use, Hepatitis, safer sex education and recognition skills, VCT, stigma & discrimination, Conduction of PE sharing meeting, development and distribution of IEC and BCC materials with anti-stigma messages, Conducts VCT & STI orientation and sensitization programs, Pre and post-test counseling for VCT and STI diagnosis & treatment, updating service registers, timely recording and reporting for DPHO and Kathmandu office, Overall office management of Pokhara office.



## **Health Assistant**

### **Unitylife Hospital Pvt Ltd**

Oct 2009 - May 2010 (8 months)

Worked in Syangja Unitylife Hospital Waling, Syangja as a Health Assistant

Job responsibilities

Conduction of daily OPD service, management of emergency department of Hospital, Supervise, monitoring of other staffs in hospital, recording and reporting, overall management in absence of Medical Doctor.

## **Education**



### **Universitas Gadjah Mada (UGM)**

## Master's degree, Public Health

2018 - 2019

A special program in Implementation Research (MPH program) was funded by WHO TDR. The major objective of this program is to produce graduates who have leadership capacity in public health, to implement public health development, to implement public health principles in advocacy and health policy at the national and global settings. following major subjects were included in this course;

Learning Skills

Implementation Research

Theory and Practice of Public Health

Social Science and Health Behavior

Evidence-based Health Policy and Management

Epidemiology

Biostatistics

Public Health informatics

Public Health Program Management

Health Economics

Global Health

Environmental Health

NTDs Drugs and Prospective Vaccine

Vector and Pest Control

Infection Control

Public Health Research

Epidemiology, Control and Management of Tropical Diseases

PH Advocacy and Communication

Surveillance to Measure the Burden of NCDs (elective)

Academic Writing (elective)

Thesis



## **LA GRANDEE International college , Pokhara [Affiliated to Pokhara University]**

Bachelor's Degree, Public Health

2010 - 2014

BPH is a multidisciplinary, an undergraduate degree that prepares students to pursue careers in the field public, private, or non-profit sector in areas such as environmental health, health administration, epidemiology, nutrition, biostatistics, or health policy and planning which are acting in the field of health.



## **Janata Higher Secon. School**

PCL 10+2 Equivalent, 10+2 Biology Equivalent [HSEB]

2008 - 2009

Study



## **Pokhara Technical Health Multipurpose Institute**

PCL in General Medicine, Health Assistant

2006 - 2008

Health Assistant

## **Licenses & Certifications**



**Research4Life MOOC: Hinari - FAO**



**e-Learning Course on Health Financing Policy for universal health coverage (UHC) - World Health Organization**



**Proposal Writing & Research Writing (AuthorAID) - INASP**



**Certificate of Attendance 4th Asia Pacific AIDS & Co-infections Conference - Academic Medical Education**



**Certificate of Attendance Asia Pacific HIV Clinical Forum 2019 - Academic Medical Education**



**Research Toolkit Training: SPSS for International Relations - Universitas Gadjah Mada (UGM)**



**Online Course on Health Systems Strengthening - Nossal Institute for Global Health, University of Melbourne**



**AuthorAID Online Course in Research Writing - INASP**



**Certificate of Presentation: Global Health Security Conference 2019 - Global Health Security 2019**



**Certificate of Attendance: Global Health Security Conference 2019 - Global Health Security 2019**



**MOOC on Implementation Research - TDR**



**National Basic Training on STI Case Management - AMDA-NEPAL**



**National Training on Implant Insertion and Removal - National Health Training Centre**



**National Training on HIV and AIDS Logistics Management - Saath-Saath Project**

-  **Training on Universal Precautions, Post Exposure Prophylaxis and Health Care Waste Management - AMDA-NEPAL**
-  **National Training on Clinical Management of HIV and AIDS - AMDA-NEPAL**
-  **National Refresher Training on STI Case Management - AMDA-NEPAL**
-  **National HIV counselling (HTC) Training - Saath-Saath Project**
-  **Basic Training on Psychosocial Counselling and Treatment of Gender Based Violence cases - Saath-Saath Project**
-  **Training Workshop on HIV and AIDS Research - Nepal Health Research Council**
-  **Training on Appreciative inquiry (AI), Positive thinking - District Public Health Office, Kaski**
-  **Trauma life Support Training - Kaski Sewa Hospital & Research Center**
-  **International Symposium on Mixed Methods Research - Manipal Medical College**
-  **Certificate of Attendance: Joint International Tropical Medicine Meeting 2018 - Mahidol University**
-  **Certificate of Participation: 12th Asia Pacific Conference on Tobacco or Health 2018 - National Committee on Tobacco Control, Indonesia**
-  **Minimum Initial Service Package (MISP) for Reproductive Health in Crisis Situations: A distance Learning Module - Women's Refugee Commission**
-  **Training of Community Based Integrated Management of Neonates and Childhood Illness - District Public Health Office, Kaski**
-  **Certificate of Participation: Youth for Peace Camp 2018 - Dompot Dhuafa**
-  **Research Ethics Training Curriculum - FHI 360**



**COVID-19: Tackling the Novel Coronavirus** - London School of Hygiene and Tropical Medicine, U. of London



**Inspiring Change** - The Center for Implementation



**Introduction to Informed Consent** - The Global Health Network



**APRU Mini Certificate Training in Health Research Ethics** - Association of Pacific Rim Universities



**Certificate of Participation: World Sepsis Congress 2021** - Global Sepsis Alliance



**THET's Annual Conference – Health for All: A Decade to Deliver** - Tropical Health and Education Trust (THET)



**TDR Global Asia Research Mentorship Webinar Series** - Universitas Gadjah Mada (UGM)



**CIH LMU Advanced Module “Public Health Systems – Challenges and Opportunities: the Case of Nepal”** - Center for International Health



**Implementation, Spread, and Scale (2021-2022 cohort)** - The Center for Implementation



**MOOC on Implementation Research (IR) with a Focus on Infectious Diseases of Poverty (IDP)** - TDR



**Climate Change and Health Certificate** - Yale School of Public Health



**MOOC: Incorporating an Intersectional Gender Perspective in Implementation Research** - TDR

## **Skills**

Health • Preventive Medicine • Curative • Microsoft Office • Microsoft Excel • Public Speaking • Microsoft Word • PowerPoint • Nutrition • Fitness

## **Honors & Awards**



**Scholarship Award for Poster Presentation** - 12th International Congress on AIDS in Asia and the Pacific (ICAAP12)



Mar 2016

Scholarship Award for the 12th International Congress on AIDS in Asia and the Pacific (ICAAP12) scheduled to be held in Dhaka on 12-14 March, 2016.

### **WHO-TDR International Postgraduate Scholarship for Master in Public Health (MPH) Program** - WHO-TDR International Postgraduate Program

Nov 2017

WHO-TDR International Postgraduate Scholarship for Master in Public Health (MPH) Program, Faculty of Medicine, Universitas Gadjah Mada (UGM), Yogyakarta, Indonesia.

[READ MORE: <https://goo.gl/w4iScZ>]

The Special Programme for Research and Training in Tropical Diseases (TDR) is hosted by the World Health Organization (WHO) and is co-sponsored by the United Nations Children's Fund (UNICEF), the United Nations Development Programme (UNDP), the World Bank and WHO. TDR is a global programme of scientific collaboration that helps facilitate, support and influence efforts to combat diseases of poverty. TDR supports 7 universities from low- and middle-income countries to provide PhD and Masters degrees focused on implementation research in malaria, TB and neglected tropical diseases to improve health in those regions. There are 3 universities in Africa, 2 in Asia, and 1 each in Latin America and the Middle Eastern region. Each university serves students from their region.

[READ MORE: <https://goo.gl/ady9mn>]

### **Pokhara University Scholarship Award** - Pokhara University

Nov 2010

Pokhara University Scholarship Award 2010.

### **Early Career Researcher Travel Award** - Joint International Tropical Medicine Meeting 2018

Dec 2018

Early Career Researcher Travel Award, Joint International Tropical Medicine Meeting 2018.

### **Travel Award** - 12th Asia Pacific Conference on Tobacco or Health 2018

Sep 2018

Travel Award, 12th Asia Pacific Conference on Tobacco or Health 2018.

### **Early Career Researcher Travel Award** - Global Health Security Conference 2019

Jun 2018

Early Career Researcher Travel Award, First International Global Health Security Conference 2019.

### **Travel Grant** - Virology Education

Jun 2018

Asia Pacific HIV Clinical Forum, Asia Pacific AIDS Co-infections Conference & Symposium on Reducing HIV Stigma and Discrimination for Empowerment 2019.

### **Conference Scholarship**

Jun 2021

The 2021 APIC Annual Conference Scholarship Award



**40 under 40 Public Health Catalyst Award** - Boston Congress of Public Health & HPHR Journal

May 2022

40 under 40 cohort represents the next generation of leaders, entrepreneurs, researchers, scientists, activists, intellectual provocateurs, authors, and directors who inspire and catalyze us all to a more just and equitable world.