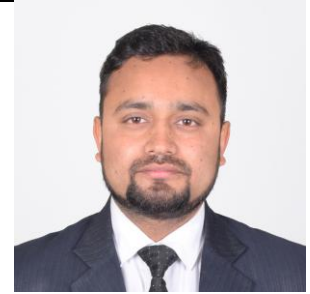


Biodata

PAKUWAL, UTTAM PRASAD

PERSONAL DETAILS



- Name:- Mr. Uttam Prasad Pakuwal.
- Date of Birth:-16.04.1986 A.D.
- Gender: - Male.
- Nationality:- Nepalese
- **Occupation:-Registered Medical Laboratory Technologist (Nepal Health Professional Council Permanent Registration No:-A-659 Diag.H. Lab Specialized Registration No:- 05 MLT.)**
- Marital Status:- Married.
- Father's Name:-Mr. Ramjee Prasad Pakuwal.
- Mother's Name :- Mrs. Nanda Kumari Pakuwal.
- Passport No:-12240803(Nepal)
- Permanent Address:- Arjundhara M.P-10 (Formerly Sanischare-05) SuseliMarg, Bhadrakali Tole,JhapaNepal.
- Postal Code:57205
- Email:-eminent.pakuwal@gmail.com
- Contact no: Mob +977-9852643536

CAREER OBJECTIVE

Self- motivated, certified, and competent 'Medical Laboratory Technologist' with over 8+ years of experience in performing complex laboratory tests on collected samples, aiding in diagnostics, and ensuring proper maintenance of the lab equipment. Expertise in testing specimens and drafting precise reports on findings. Team player with exceptional organizational and interpersonal skills. Capable of working in a team, and possess excellent communication skills

KEY COMPETENCIES

- Good knowledge in all areas of the laboratory and familiarity with applicable clinical laboratory equipment.
- Knowledge of quality control and quality assurance practices.
- Strong knowledge of laboratory methodologies, interpretation of results, quality.
- Ability to establish and monitor quality control and quality assurance programs.
- Strong knowledge of laboratory methodologies, interpretation of results, quality assurance, and national guidelines.
- Knowledge of Good Clinical Laboratory Practices (GCLP) and other regulatory agency standards within area of responsibility
- Adheres to quality control and quality assurance protocols
- Good written and oral English communication skills with good computer skill proficiency command
- Excellent interpersonal skills
- Maintains clinical competency and current professional knowledge by reading relevant journal articles and attending training sessions
- Knowledge of and ability to perform laboratory techniques and use laboratory instruments

SUMMARY OF ACADEMIC/PROFESSIONAL QUALIFICATIONS

- Master's Level:-** **M.Sc. Medical Laboratory Technology(Pathology with Hematology)** from Sai Institute of Paramedical and Allied Sciences Deheradun,Uttarakhand India under the H.N.Bahuguna Nandan University(a Central University) Srinagar ,Garhwal Uttarakhand India.
Key Subjects :-Hematology and Blood Banking, Medical Microbiology, Clinical Biochemistry , Biophysics and Human Physiology, Human Genetics and Human Genome, Histopathology and Morbid anatomy Techniques, Cytology and Cytogenetics, Clinical Hematology (Neoplastic and Non- Neoplastic).
- Diploma Level:-** **Diploma In HIV/AIDS and Family Education(DAFE)** from Indira Gandhi National Open University, New Delhi India.
Key Subjects :- Basics of HIV/AIDS ,Basics of Family Education, Alcohol, Drugs and HIV, Communication and Counselling in HIV.
- Bachelor's Level:-** **B.Sc. Medical Laboratory Technology(BMLT)** from Sai Institute of Paramedical and Allied Sciences Deheradun,Uttarakhand India under the H.N.BahugunaNandan University Srinagar ,GarhwalUttarakhand India.
Key Subjects :-Hematology and Blood Banking, Medical Microbiology, Clinical Biochemistry , Preventive Medicine & Health Care, Human Anatomy and Physiology, Histopathology and Cytology.
- Higher Sec. Level:-** +2(Science) from the COHED Higher Secondary School,Anarmuni-3 BirtamodeJhapa Nepal under Higher Sec. Education Board Nepal.
Key Subjects :- Physics, Chemistry , Mathematics, Botany, Zoology , Nepali and English.
- Schooling:-** S.L.C.from the Shahid Dasarath Secondary School, Duwagadi-4 CharaliJhapa Nepal under H.M.G. Board Nepal.
Key Subjects :-English, Nepali, Science, Mathematics, Social Studies, Environment and Population.

EMPLOYMENT/EXPERIENCES

- a. Working as **Senior Medical Laboratory Technologist (Lab- Incharge)** in **B & C Medical College Teaching Hospital Birtamode Jhapa (A private health service organization)** since 19th March 2015 to till Date. Key Responsibilities are:
- To perform routine and special laboratory procedure with specific and sensitive techniques.
 - To operate Auto -analyzers, Semi-auto-analyzers, Microtome, Tissue processor , Coulter Counter and performing routine and special tests of clinical Pathology, Biochemistry, Microbiology and Hematology to obtain data for use in diagnosis and treatment of disease.
 - To develop the duty roaster and look after all the laboratory staffs.
 - Performed quality control and daily/weekly/monthly maintenance on analyzers to verify accuracy of specimen testing and results.
 - To report the positive cases of tuberculosis, leprosy, dengue, scrub typhus, HIV and other infectious disease for epidemiological surveillance to the higher government agencies.
 - Perform and supervise Tuberculosis microscopy as per National Tuberculosis Program guidelines and assist physician for the treatment and diagnosis of extra pulmonary tuberculosis.
 - To participate in continuing education through self-study, attending off-site lectures and preparing programs to share with coworkers.
 - To perform routine and specialized laboratory testing in their assigned specialty area following all standard operating procedures.
 - participate in continuing education through self-study, attending off-site lectures and preparing programs to share with co-workers.
 - To supervise, train, or direct lab assistants, medical and clinical laboratory technicians , technologists, and other medical laboratory workers engaged in laboratory testing.
 - To develop, standardize, evaluate, or modify procedures, techniques, or tests used in the analysis of specimens or in medical laboratory experiments.
 - To determine priority of work, assuring timely completion of work.
 - Protects patients and employees by adhering to infection-control and hazardous waste policies and protocols; following identification procedures.

- b. Working as **Academic Coordinator** in **Kanchanjunga Institute of Health Sciences (a college of Health Sciences) Birtamode Jhapa (A private health science institute)** since 15th January 2013. Key Responsibilities are:
- Coordinate the Lecturers, Instructors, students and staffs making policy for the betterment of learning for the academic program Proficiency Level in Medical Laboratory Technology and Nursing.
 - To Deliver of lectures and seminars for program Proficiency Certificate Level in Medical Laboratory Technology and Nursing.
 - To make the yearly plan of program of academic program Proficiency Level in Medical Laboratory Technology and Nursing.
- c. Worked as **Senior Medical Laboratory Technologist** in **ManMohan Memorial Eastern Regional Community Hospital** Bitamode Jhapa from 6th August 2013 to 16th March 2015. Key responsibilities are:
- To perform specific and sensitive test like ELISA, Microbial Culture & Sensitivity, Hormone and Enzyme assays, Western blot, Tumor markers, Histopathological, Cytopathological, and Immunological Techniques .
 - To operate several Auto analyzers, Semi-auto-analyzers, and Instruments use in diagnosis of disease.
 - To look after all the laboratory staffs.
 - Maintaining quality control of performed tests and procedure.
 - Establishing public networks, counseling the patients and conducting community based awareness program.

PARTICIPATION

- a. Participated as a **Volunteer Blood Donor** more than 46 times in different blood donation camps nationally and internationally.
- b. Participated in **National Academy for Leadership and Management (NALANDA)** as a participant, organized by JCI India and hosted by JCI KOTA, Rajasthan India on 12th to 15th 2022.
- c. Participated in 1 day Training on "Quality Assurance in Laboratory conducted by AGAPPE at Birtamode Jhapa on December 10 2019.
- d. Participated in **JCI Nepal Leadership Academy (Soft Skill Training)** on 16th to 19th October 2019 hosted by JCI Dhulikhel and Organized by JCI Nepal, Thapathali Kathmandu.
- e. Participated in 4 days training on **Training of Trainer (TOT-Trainer for Soft Skill Training)** on 9th to 12th August 2019 hosted by JCI Narayangarh and Organized by JCI Nepal, Thapathali Kathmandu.
- f. Participated in 2 day a workshop and training on **Basic Course in Semenology and IUI** on 7th and 8th of June 2019 at International Institute of Reproduction and Fertility Training, New Delhi India.
- g. Participated in a day a workshop on **American Society of Microbiology, Virtual Workshop on Scientific Writing and Publishing** on 24th August 2013 at Dharan Nepal hosted by ASM Nepal Chapter Dharan.
- h. Participated in five days training on **Personality Development, Presentation Skills, Team Building, Leadership- Parliamentary Procedure and Radio Technician** hosted by JCI Dhulabari Jhapa, from 29th May to 2nd June 2013.
- i. Participated in the training on **Supervision of Instruction (SOI)** from April 19,2013 to May 10,2013 organized by CTEVT, Training Institute for Technical Instruction Bhaktapur Nepal.
- j. Participated in the training on **Skill Test Assessor** in Birtamode Jhapa conducted by the National Skill Testing Board Sanothimi Bhaktapur and has been working as Skill Test Assessor of Medical Lab Technology in different level of corresponding field.
- k. Participated in 6 days Manager's training on **Monitoring, Supervision, and Evaluation** from November 14 to Nov 19, 2010 sponsored by Skill for Employment Project and jointly organized by Project Research and Management Associates Pvt. Ltd, and Management Association of Nepal Kathmandu.
- l. Participated in 108 hours training on **Training Of Trainer(TOT)** instruction focused from 22 October 2010 to 02 November 2010 conducted in Kathmandu with support of Skill for Employment Project(SEP),The Council for Technical Education and Vocational Training(CTEVT),Training Institute of Technical Instruction (TITI) and Full Bright Consultancy Pvt. Ltd.(FBC).
- m. Participated on Chandigarh Chapter & Scientific Seminar on the occasion of World Biomedical Laboratory Science Day on 15th April 2009 and 2010 organized by All India Medical Laboratory Technologists Association State Unit, Chandigarh India as a delegate.

INVOLVEMENTS

- Founder President of Suseli Village Development Society, Arjundhara MP-10 Jhapa.
- Vice President of Medical Laboratory Association of Nepal, District Chapter- Jhapa.
- Lifetime member of Nepal Red Cross Society.
- Chairman, National Sustainable Development Committee-2022 JCI Nepal
- National Health Committee Chairperson JCI Nepal-2020
- President Charali Jaycees - 2019 ,(JC Charalil) Charali Jhapa Nepal .
- Lifetime Member of Manmohan Memorial Health Foundation, Kathamandu Nepal

JOURNALS, PUBLICATIONS & RESEARCH

1. A self-funded survey conducted for the partial fulfillment for the program Diploma in HIV/AIDS and family Education entitled **Effectiveness of HIV/AIDS and Family Education in the Schools of Jhapa District of Nepal.**
2. A project conducted for the partial fulfillment of the Master of Science in Medical laboratory Technology (Pathology with Hematology) entitled **Role of Immunophenotyping for the Diagnosis of Hematological Malignancies.**
3. A review article published in the **Asia Pacific Journal of Cancer Prevention** on the topic **Oxidative Stress and Antioxidants in Disease and Cancer: A Review.**
4. Research article published in **International Journal of Health Sciences and Research** on the topic " **A Study to Assess Prevalence of Human Immunodeficiency Virus (HIV) Among Blood Donors in a Tertiary Care Hospital of Central Nepal**"

OTHER TECHNICAL QUALIFICATIONS

1. Completed ;Computer Fundamentals/Ms office Package
2. Diploma In Desktop Publishing ;From New Eastern Computer and Ocean Language institute Birtamode Jhapa Nepal from 1st May 2002 to 1st May 2003. (Have the knowledge of **Social Package for Statistical Survey SPSS**).

PERSUITS & INTERESTS

- Study and Research
- Reading newspaper, Scientific Journals and Novels.
- Visiting new naturally and culturally rich places.

LANGUAGE SPOKEN

Languages	Listening	Reading	Writing	Speaking
Nepalese(Mother Tongue)	Excellent	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent	Excellent
Hindi	Excellent	Excellent	Good	Good

REFEREE

1. **Dr. Ujwal Rai**
Consultant Pathologist
B & C Medical College Teaching Hospital, Birtamode Jhapa Nepal
Email: ujwal1235@gmail.com
Mob:+977-9861089260
2. **Dr. Krishana Prasad Bhattarai**
Associate Professor & Asst. Campus Chief
Tribhuvan University, Mechi Multiple Campus, Bhadrapur Jhapa Nepal.
Email: krishnaprbhattarai@gmail.com
Mob:+977-9842626552

DECLARATION

I hereby declare that all information given above is true and correct to the best of my knowledge and belief.

Place:- Birtamode
Date:-12/28/2022 2:39 PM

Uttam Prasad Pakuwal