

## Curriculum Vitae

**Career Objective:** To carve out a special place in the field of physiotherapy that helps me to attain greater in my career.

### **Personal Profile:**

<b>Name</b>	:	Utsav Rupakheti
<b>Father's Name</b>	:	Dhruba Prasad Rupakheti
<b>Date of Birth</b>	:	26 <sup>th</sup> March 1991
<b>Height</b>	:	5'7"
<b>Qualification</b>	:	Bachelor of Physiotherapy (BPT)
<b>Profession</b>	:	Physiotherapist
<b>Permanent Address</b>	:	Chandragiri-15,tinthana, Ktm, Nepal
<b>Phone</b>	:	014316058
<b>Mobile</b>	:	9841615209
<b>Email</b>	:	<a href="mailto:utsav2072@gmail.com">utsav2072@gmail.com</a>
<b>NHPC registration no</b>	:	A-446 phy

### **Educational Qualification:**

- Passed High School (S.L.C.) from Government of Nepal, Ministry of Education in the year 2006.
- Passed +2 (Science) from Higher Secondary Education Board, Nepal in the year 2008.
- Passed Bachelor of Physiotherapy from Rajiv Gandhi University of Health Sciences, Bangalore in the year 2013.
  - Studying masters in sports science(sports medicine) from Tribhuvan University, kirtipur from the year 2019.(continuing)

### **Professional Qualification:**

- Attended **6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> All India Physiotherapy Conference** organized by S K Physiotherapy Teachers Association
- Attended **Mass Casualties Management Primary Trauma Care and Psychological First Aid Training** organized by Ministry of Education Nepal and Save the Children.
- **Fitness Training Course** from Indian Academy of Fitness Training
- Dissertation on “**A literature review on effect of calisthenics exercise on obesity**”

### Experience:

- Nearly nine years experience (BHADRA 1<sup>st</sup> 2070 to present) of working as a physiotherapist in **Bharosa hospital** New Baneswor.
- One and half year experience (Ashwin 18<sup>th</sup> 2070 to Jestha 26<sup>th</sup> 2072) of working as a Physiotherapist in **Kundalini hospital**, Jhamsikhel.
- Nearly three and half years of experience (Ashad 26<sup>th</sup> 2072-poush29<sup>th</sup> 2075 ) of working as a consultant physiotherapist in Natural Health hospital, Bhimsengola Kathmandu
- Working as a Part time physiotherapist in **Mission Polyclinic** Kalanki, Kathmandu, Nepal from 2071 Jestha 23.
  - Got an oppertunity to work as a physiotherapist for U-18 football team in **Manang marshyangdi football club** in the year 2019.
  - Currently worked as a physiotherapist with shree kumari football club kathmandu 14.

### Reference

Dr. Kapilmani K.C.

M.S. orthopedic and trauma.

Civil Hospital, Bharosa Hospital

Dr. Sreeraj Shrestha

M.S. orthopedic and trauma  
Kist medical college, Bharosa Hospital

**Certification:**

I, the undersigned certify that to the best of knowledge and belief, The Resume correctly describes my qualification and myself.

Applicant: (*UTSAV RUPAKHETI*)