Syllabus for Licensing Examination of B.Sc. MLT/ BMLT 2021





Nepal Health Professional Council

Bansbari, Kathmandu

Table of Content

S.N.	Topic	Marks
1.	Medical Microbiology	(20%)
2.	Clinical Biochemistry	(20%)
3.	Hematology & Blood Banking	(20%)
4.	Histocytopathology	(15%)
5	Human Anatomy and Physiology	(10%)
6.	Health Policy & Health system of Nepal	(5%)
7.	Research methodology and biostatistics	(5%)
8.	Clinical Pharmacology	(3%)
9.	NHPC and Code of ethics	(2%)
	Total	100%

1. Medical Microbiology

1.1 Bacteriology

- 1. Historical background, scope and importance, branches and applications of microbiology
- 2. Safety measures, infection control practices and biomedical waste disposal
- 3. Importance and applications of sterilization and disinfection
- 4. Composition, preparation, storage, uses, types and quality control of culture media
- 5. Techniques and applications of different staining procedures
- 6. Antimicrobial drugs and their mode of actions, antimicrobial susceptibility test and drug resistance, evaluation of antimicrobial agents, detection of drug resistance
- 7. Organization, management and quality control of microbiology laboratory for the district and zonal hospital
- 8. Collection, transport. Preservation and processing of different clinical specimens for aerobic, microaerophilic and anaerobic culture
- 9. Taxonomy, Morphology, Metabolism, Cultural Characteristics, Pathogenesis, laboratory diagnosis, Prevention and control of different clinically important bacteria
 - * Aerobic and anaerobic Gram positive cocci
 - **★** Gram negative cocci
 - ★ Aerobic and anaerobic Gram negative bacilli
 - **★** Gram positive bacilli
 - * Other Gram variable bacteria
- 10. Epidemiology, mode of transmission, pathogenesis, laboratory diagnosis, prevention and control of systemic infectious diseases.
- 11. Investigation and control of community outbreaks and hospital associated outbreaks and epidemiological markers.
- 12. Need of Care, handling and use of laboratory animals in microbiological investigations
- Rapid diagnosis of infectious diseases by use of conventional and molecular techniques

1.2 Parasitology

- Taxonomy, classification, morphology, life cycle, pathogenesis, laboratory diagnosis, prevention and control of different types of Protozoal and Helminthic parasites
- 2. Collection and preservation of clinical specimens for parasitic investigations
- 3. Urine routine analysis and special test
- 4. Semen Analysis and Interpretation

- 5. Stool analysis by various techniques
- 6. Parasitic culture and egg counting technique
- 7. Blood parasites and their lab diagnosis

1.3 Virology

- 1. Morphology, taxonomy, replication, culture techniques, pathogenesis, laboratory diagnosis, prevention and control of clinically important viruses
- 2. Virus culture techniques
 - **★** Biological host
 - **★** Embryonated egg inoculation
 - * Cell culture
- 3. Emerging and re-emerging viruses
- 4. Development, standardization and use of vaccines and antisera

1.4 Mycology

- Taxonomy, classification, Morphology, Cultural Characteristics, Pathogenesis, laboratory diagnosis, Prevention and control of different clinically important yeasts and moulds.
- 2. Mycological procedures for identification of moulds and yeasts

1.5 Immunology

- 1. Structure, organization, function and disorders of human immune system
- 2. Principle, procedure, application of different immunological techniques

2. Clinical Biochemistry

2.1 Fundamental of Biochemistry

- 1. Glasswares, different types and uses, Cleaning of glasswares
- 2. Chemical Kinetics and Reaction Mechanism
- 3. Acid-base homeostasis, buffers, blood gas analysis
- 4. Analytical methods and instrumentations
- 5. Enzymes and their classification
- 6. Safety measures in biochemistry
- 7. Quality management of biochemistry laboratory

2.2 Nutritional Biochemistry

1. Structure, classification and biological significance of Carbohydrates, Proteins/amino

acids, Lipids and Nucleic Acids

2. Synthesis, function, measurements of vitamins and minerals

2.3 Metabolism

- Carbohydrate metabolism
 - * Glycolysis, Glycogenesis, Glycogenolysis, Pentose phosphate pathway, Kreb's cycle, Gluconeogenesis
- 2. Protein metabolism
 - * Transamination, Deamination, Urea cycle, Nitrogen balance, Creatinine and creatinine formation
- 3. Lipid metabolism.
 - **★** Alpha, beta, gamma- oxidation
 - * Ketosis & Ketone bodies formation and their utilization
 - **★** Cholesterol and triglycerides synthesis
- 4. Nucleotide metabolism
 - **★** Purine and pyrimidine biosynthesis and its regulation
- 5. Inborn error of metabolism

2.4 Organ function tests and their clinical significance

- 1. Liver function tests
- 2. Cardiac function tests
- 3. Pancreas function tests
- 4. Renal function tests
- 5. Gastric function tests
- 6. Biochemistry of different body fluids

2.5. Endocrinology

- 1. Synthesis, functions, metabolic disorders of different types of body hormones
- 2. Laboratory measurement of hormones by different methods

2.6 Molecular Biology and Molecular Techniques

- 1. Basic concept of cellular and molecular biology and molecular technique
- 2. Cancer biology and tumor markers
- 3. Recent advances in clinical biochemistry

3. Hematology And Transfusion Medicine

- 1. Collection of blood from various sites
- 2. Hematopoietic system and Blood Composition
- 3. Synthesis, structure and composition of hemoglobin
- 4. Anemia: Definition, classification and laboratory approaches for diagnosis
- 5. Leukemia: Defination, classification and laboratory diagnosis
- Routine hematological test (Hemoglobin estimation, Total RBC count, Total WBC count, Differential count, Total Platelet count, Hematocrit, Red blood cell indices, ESR, Reticulocyte count, Absolute cell count)
- 7. Special hematological test: (Plasma hemoglobin, Antihuman globulin test, Osmotic fragility test, Sickling test, Glucose 6 Phosphate dehydrogenase deficiency test, Foetal hemoglobin, hemoglobin electrophoresis, HAM's test and Methemoglobin test)
- 8. Routine and special stains for blood and bone marrow smear
- 9. Flow Cytometry and Coulter counter: Principles and applications
- 10. Application of Flow cytometry and cytogenetic in hematology
- 11. Hemoparasites and its laboratory diagnosis
- 12. Normal Hemostasis and Fibrinolysis
- 13. Acquired and Inherited Bleeding disorder
- 14. Screening and confirmatory test for bleeding disorder
- 15. Transfusion Medicine and Blood Banking Techniques
 - **★** Blood group systems
 - **★** Techniques of Blood Grouping
 - **★** Blood Collection, Processing and component preparation technique
 - * Compatibility testing for blood transfusion.
 - **★** Types of blood components, indication and their storage
 - * Complications and hazards of blood transfusion
- 16. Quality control in hematology and transfusion medicine

4. Subject: Histopathology & Cytopathology

- 1. Basic and systemic pathology
- 2. Preparation of different types of fixatives and their uses
- 3. Procedural steps, reagents, and possible errors of tissue processing

- 4. Description of different types of microtome, their principles and methods of cutting section from the paraffin block tissue
- 5. Methods of decalcification
- 6. FNAC, fluid cytology and uses.
- 7. Preparation of routine and special histological and cytological stains and staining procedure
- 8. Principles and methods of staining and mounting the tissue section on the glass slides
- 9. Different types of microscope
- 10. Immunohistochemistry and immunofluorescence.

5.Human Anatomy & Physiology

- Overview of organization and structure of various types of human cells, tissues, organs and systems: Skeletal, Muscular, Nervous, Cardiovascular, Respiratory, Gastrointestinal, Genitourinary, Reticuloendothelial, Sensory organs and integumentary system.
- 2. Endocrinology and Hormones
- 3. Mechanism of regulation of various organs systems and their functions in human body

6. Subject: Health Policy And Health System

- 1. Health systems and health policies of Nepal
- 2. Evolution of health services in Nepal
- 3. History of laboratory services in Nepal
- 4. Main features of National Health Policy
- 5. Health service delivery mechanisms in Nepal
 - * Public sector
 - **☀** Private sector
 - Informal sector
- 3. Organizational structure of health service delivery in Nepal (central, regional, district, village and community level)
- 4. Functions and facilities at each level, roles and responsibilities of health service providers at different levels
- 5. Goals and targets of health sector a. Five year plans
 - **★** Second Long Term Health Plan
 - **★** Second Nepal Health Sector Programme

- 6. National Health Programmes of Government of Nepal
- 7. Major partners in health sector (NGO/INGO, donors, multilateral agencies)
- 8. Rules and regulations related to health in Nepal

7. Research Methodology & Biostatistics

- Description of research, types of research and its use in medical and laboratory sciences
- 2. Research tools, bioinformatics
- 3. Role of seminar and conference, literature on research.
- 4. Measures of central tendency (Mean, Median, Mode, Weighted Average and Geometric mean), Measures of dispersion (Range, Quartile deviation, Standard deviation, Coefficient of variation)
- 5. Correlation and regression analysis; Scatter diagram, Cause and effect relationship between two variables; Least square method for estimating regression parameters and prediction
- 6. Hypothesis and tests of significance, Z test, t-test, Chi-square test
- 7. Sampling theory; Probability and non-probability; Selecting an appropriate sampling design; sampling errors and the sample size

8. Pharmacology

- 1. Basic introduction to Pharmacokinetics. & Pharmacodynamics.
- 2. Drugs that affect Renal parameters, Liver enzymes, Lipid function and Blood Glucose estimation
- 3. Different antimicrobials belonging to: Antibacterials, Antivirals, Antifungals, Antimalarials, Anti Kala-azar

9. NHPC and Code of ethics

- 1. Codes of ethics with medical laboratory profession.
- 2. Salient features of Nepal Health Professional Council.
- 3. Duties of a registered laboratory practitioner.
- 4. Legal procedures in medico-legal cases (Inquest, witness, medical evidence).
- 5. Laboratory tests for various analyses of medico-legal aspects.