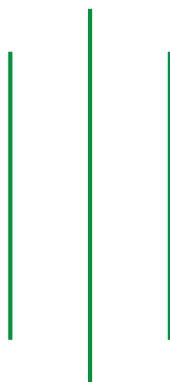


Syllabus for Licensing Examination of Bachelor of Naturopathy & Yogic Sciences 2021



Nepal Health Professional Council

Bansbari, Kathmandu

Table of Content

S.N.	Topic	Marks
1.	Allied Science	23%
2.	Modern and Natural Medicine	28%
3.	Clinical (Yoga and Naturopathy)	44%
4.	Health System of Nepal	5%
	Total	100%

SN	Topic
	Allied Science
1	Anatomy General Anatomy Upper limb and Thorax Lower limb Abdomen and pelvis Head & Neck
2	Physiology Blood & body fluids Endocrinology Digestive system
3	Biochemistry Vitamins, Gluco homeostasis Metabolism
4	Pathology Environmental and nutritional diseases Musculoskeletal system Derangement of Homeostasis & hemodynamics
5	Microbiology Diagnostic medical microbiology & Clinical correlation
6	Preventive & Social Medicine Health care and Community Concept of Health and disease Epidemiology
7	Gynecology & Obstetrics Obstetric Care Reproductive endocrinology, & Menstrual health
8	Pharmacology Autacoids and Related drugs Gastrointestinal drugs, vitamins, insulin & oral hypoglycemic drugs
9	Forensic Medicine & Toxicology Forensic Toxicology
10	Research Methodology The research process
	Modern and Natural Medicine
A	Neurology Central Nervous system Spinal Cord Dermatomes & Muscular activity Stroke Pathophysiology

SN	Topic
B	Orthopedics Orthopedic physical assessment Clinical cases Musculoskeletal Imaging Rheumatology
C	Gastroenterology GI motility disorders Liver Diseases
D	Cardio vascular system Physical activity & Cardiovascular Health Modifiable risk factors
E	Endocrinology & metabolism Thyroid related disorders
F	Psychology & psychiatry Clinical Cases Psychotherapy
G	Pulmonology Respiratory tract illness
H	ENT and Ophthalmology Clinical Cases
I	Dermatology Clinical Cases
J	Urinary system Urinary tract infections
K	Emergency and first aid Clinical Cases and management
L	Infectious diseases Prevention
M	Hematology
N	Naturopathy Diagnosis Iris Diagnosis Facial Diagnosis Naturopathic management of Clinical cases
O	Non communicable diseases Epidemiology Preventive & Diagnostic methods
Clinical (Yoga and Naturopathy)	
A	Yoga Therapy Disease management at Kosha Yoga Therapy in psychology Recent evidences

SN	Topic
B	Hydrotherapy and Mud Therapy Responses of Hydrotherapy modalities on Inflammation Therapy modalities Clinical cases Prescription
C	Manipulative Therapy Massage movements & Therapeutic usage Precautions Prescription
D	Acupuncture Acupressure and Reflexology Acupuncture and Acupressure points Moxibustion Point selection Reflexology Clinical cases
E	Physiotherapy Exercise Therapy Sports Physiotherapy Electrotherapy
F	Nutrition, Dietetics & Herbology Nutrient Contents Clinical signs of nutrient deficiency disorders Diet prescription Herbs prescription on clinic
G	Fasting Therapy Types Prescription of different fasting techniques Precautionary measures
H	Chromo and Magneto therapy
Health System of Nepal	
A	Health System of Nepal Health programs Demographic Evolution Health policy Challenges and Strategic options