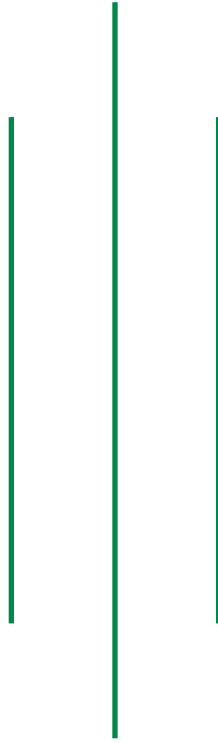


# **Syllabus for Licensing Examination of PCL in Acupuncture, Acupressure and Moxibustion 2021**



**Nepal Health Professional Council**

Bansbari, Kathmandu

First Revision 2022

## Table of content

S.N.	Topic	Marks
1	<b>A. Basic Science</b> Anatomy/Physiology General Pathology	20%
2	<b>B. Basic Science of AAM</b> Moxibustion and Medicinal Plant Basic Theory Meridian and Acupoints Acupressure and Therapeutic Massage	30%
3	<b>C. Diagnosis and Clinical Method</b> Diagnostic Methods Clinical Methods	20%
4	<b>D. Treatment/Therapeutics</b> Acupuncture Therapeutics General Medicine Community Medicine	30%
	Total	100%

## **A. Basic Science**

### **Anatomy/Physiology**

- i) Musculo- skeleton system, Digestive system, Nervous system, cardio-respiratory system, Reproductive system,indocrinal system

### **General Pathology**

Introduction to Microbiology, Basic bacteriological investigations. Parasitology Intestinal Parasites- Ascaris, Hookworm, Trichuris, Enterobius, Taenia, Echinococcus, Hymenolepis Entamoeba, Giardia, Trichomonas. Mode of infection, pathogenicity, laboratory diagnosis and prevention of intestinal parasites. Blood and tissue parasites, Defense mechanisms of the body. 6. Hematology Blood and anticoagulants, Blood characteristics, hematological tests, and blood collection techniques, lipids, carbohydrates, enzyme.

## **B. Basic Science of AAM**

### **Moxibustion and Medicinal Plant**

General Introduction and Actions of Moxibustion, Classifications, Identification and Collection of Moxa Plant, Transport and Processing of moxa plant (Mugwort Plant), Store processed moxa wool and prepare moxa stick for use, Methods and Precautions of Moxibustion, Basic Theory of Chinese Materia Medica, Common Medicinal Herbs of TCM

### **Basic Theory**

Introduction of Oriental Medicine, : History of acupuncture and Moxibustion, Yin- Yang and five elements, Zang & fu organs, Essence, Qi, Blood & Body Fluid, Pathogenic Factors, Pathogenesis

### **Meridian and Acupoints**

The Meridians & Collaterals, pathway of meridiana, Location of Acupoints, Twelve regular meridians, The Eight extra meridians, fifteen collaterals, Location of Specific points,Practice of Meridians and Acupoints

### **Acupressure and Therapeutic Massage**

Acupressure, Therapeutic massage, Acu-diagnosis, Back and Neck Pain, Disorders of Nervous System, Psychological Disorders, Practice of Acupressure and Therapeutic Massage

## **C. Diagnosis and Clinical Method**

### **Diagnostic Methods-**

Basic principles of diagnosis, General inspection by observation, Auscultation and olfaction, General inquiry, Feeling of pulse & palpation at different parts of body, Differentiation of syndromes, Syndromes according to eight principles, Syndromes according to the theory of Zang Fu organs, Syndromes according to the theory of meridian & collaterals

### **Clinical Methods-**

Sterilize the equipment and manage the possible accidents of needle, Filiform Needle, Three edged needle, Cutaneous needle, Intradermal needle, Apply needling methods, Ear acupuncture, Electro-acupuncture, Scalp acupuncture, Application of moxibustion, Apply moxibustion, Cupping

## **D. Treatment/Therapeutics**

### **Acupuncture Therapeutics-**

General Principles of Acupuncture Treatment, Therapeutic Methods, Basic Principle Governing Prescription and Combination of Points, Treatment of Common Conditions with Acupuncture and Moxibustion. Diseases of Cardiovascular System, Diseases of Musculoskeletal System, Gynecological disorders, Pediatric Diseases, Endocrine Disorders, Urinogenital System, ENT Diseases, Eye Diseases, Addictions.

### **General Medicine-**

History taking & Physical Examination, Systemic disease Arthritis, spinal related disease, nerve compression, trigeminal neuralgia, bells palsy, migraine, depression, anxiety, gastritis, constipation, hypertension, diabetes, cerebrovascular accident(CVA), neuropathies, neuritis.

### **Community Medicine-**

Overview of health education, Fundamental Factors of Health Education, Methods of Health Education, Media of Health Education, Planning of Health Education Programmes, Implementation of Health Education Programmes, Evaluation of Health Education Programmes, Health Promotion, Applied Health Education.