

# **Syllabus for Licensing Examination of PCL in Acupuncture, Acupressure and Moxibustion 2021**



**Nepal Health Professional Council**

Bansbari, Kathmandu

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<b>S.N.</b>	<b>Topic</b>	<b>Marks</b>
1.	Concept of Moxibustion and Medicinal Plants	10%
2.	Basic Theory of Oriental Medicine	10%
3.	Meridians and Acupoints	10%
4.	Diagnosis in Acupuncture and Moxibustion	10%
5.	Acupressure and Therapeutic Massage	10%
6.	Clinical Methods of Acupuncture and Moxibustion	10%
7.	Acupuncture and Moxibustion Therapeutics	40%
	Total	100%

## Concept of Moxibustion and Medicinal Plants

General Introduction and Actions of Moxibustion, Classifications, Identification and Collection of Moxa Plant, Transport and Processing of moxa plant (Mugwort Plant), Store processed moxa wool and prepare moxa stick for use, Methods and Precautions of Moxibustion, Basic Theory of Chinese Materia Medica, Common Medicinal Herbs of TCM

Concept of Moxibustion and Medicinal Plants

## Basic Theory of Oriental Medicine

Introduction of Oriental Medicine, : History of acupuncture and Moxibustion, Yin- Yang and five elements, Zang & fu organs, Essence, Qi, Blood & Body Fluid, Pathogenic Factors , Pathogenesis

## Meridians and Acupoints

The Meridians & Collaterals, Location of Acupoints, Twelve regular meridians, Acupoints of lung meridian of hand TaiYin , Acupoints of large intestine meridian of hand YangMing, Acupoints of Stomach meridian of foot YangMing, Acupoints of Spleen meridian of foot TaiYin, Acupoints of Heart meridian of hand ShaoYin, Acupoints of small intestine meridian of hand TaiYang, Acupoints of Urinary bladder meridian of foot TaiYang, Acupoints of Kidney meridian of foot ShaoYin, Acupoints of Pericardium meridian of hand TaiYang , Acupoints of triple energizer (San Jiao) meridian of hand ShaoYang, Acupoints of Gall bladder meridian of foot ShaoYang, Acupoints of Liver meridian of foot JueYin, The Eight extra meridians The Du meridians, The Ren meridians, Identification pathway of twelve divergentmeridians & fifteen collaterals , Location of Specific points,

Practice of Meridians and Acupoints

## Diagnosis in Acupuncture and Moxibustion

Basic principles of diagnosis, General inspection by observation, Auscultation and olfaction, General inquiry, Feeling of pulse & palpation at different parts of body, Differentiation of syndromes, Syndromes according to eight principles, Syndromes according to the theory of Zang Fu organs, Syndromes according to the theory of meridian & collaterals

Practice of Diagnosis in Acupuncture and Moxibustion.

## Acupressure and Therapeutic Massage

Acupressure, Therapeutic massage, Acu-diagnosis, Back and Neck Pain, Disorders of Nervous System, Psychological Disorders ,

Practice of Acupressure and Therapeutic Massage

## **Clinical Methods of Acupuncture and Moxibustion**

Sterilize the equipment and manage the possible accidents of needle, Filiform Needle, Three edged needle, Cutaneous needle , Intra dermal needle, Apply needling methods, Ear acupuncture, Electro-acupuncture, Scalp acupuncture, Application of moxibustion , Apply moxibustion, Cupping

Practice of Clinical Methods of Acupuncture and Moxibustion

## **Acupuncture and Moxibustion Therapeutics**

General Principles of Acupuncture Treatment, Therapeutic Methods, Basic Principle Governing Prescription and Combination of Points, Treatment of Common Conditions with Acupuncture and Moxibustion

Diseases of Cardiovascular System, Diseases of Musculoskeletal System , Gynecological disorders, Pediatric Diseases, Endocrine Disorders, Urinogenital System , ENT Diseases, Eye Diseases, Addictions

Clinical Practice in Acupuncture, acupressure, Moxibustion, Massage and Pachakarma Unit